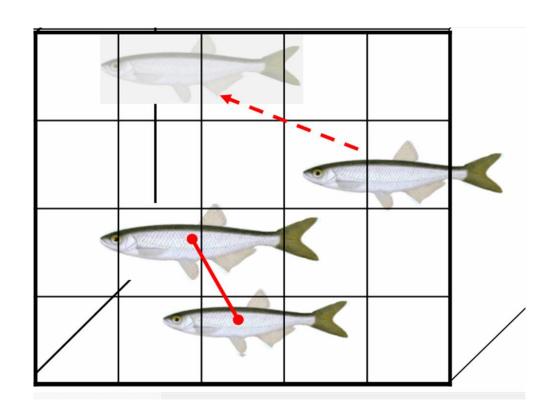


The effects of endocrine disruptor cocktails on bleak (Alburnus alburnus) behavior, growth, and morphology



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1. Summary

The presence of endocrine disrupting chemicals in the aquatic system is a problem of growing concern. However, several factors complicate the study of their effects in the aquatic organisms, e.g. their non-monotonic dose-response curves, their different effects at low concentrations, and their mixture effects. I performed an experiment to study the effects of a mixture of xenoestrogens containing bisphenol A and ethinylestradiol on bleak (Alburnus alburnus) growth, morphology and non-reproductive behavior. The interactive effects of the chemical treatments with different diets was analyzed. As a result, I detected an inhibitory effect of ethinylestradiol on fish growth, an increased shoaling cohesiveness and changes in morphology. In addition a slight interactiveadditive effect of chemical and food stressors was found. The combination of these effects on ecologically important traits, as a result of the presence of a pollutant in water at environmentally relevant concentrations, could have serious consequences in ecosystem structure and function. Here, I discuss the ecological consequences that this effects could have. However, I could not find any effect of the endocrine disrupting chemicals mixture that could not be explained by the presence of the ethinylestradiol alone. Furthermore, I highlight the importance of the confounding factors when carrying out behavioral studies with this fish species.

2. Background

2.1 On endocrine disrupting chemicals

An endocrine disrupting chemical (EDC) can be defined as "an exogenous substance that causes adverse health effects in an intact organism, or its progeny, secondary to changes in endocrine function" (European workshop on the impact of endocrine disrupters on human health and wildlife, European Comission, 1996). To be classified as an endocrine disruptor, an EDC should meet the following criteria (Tyler *et al.*, 1998):

- a) Be present in the environment at high concentrations
- b) Be persistent and bioaccumulative
- c) Be continuously released into environment.

There are compounds of both anthropogenic and natural origin that have similar properties as endogenous hormones, therefore being able to interact with endogenous receptors (Hallgren 2014). EDCs can be classified following their relation with the receptor as androgenics, anti-androgenics, estrogenics and anti-estrogenics. Anti-androgenics and anti-estrogenics would block the natural androgen or estrogen receptor and therefore the triggering of a response, while androgenic or estrogenic would bind to a receptor and mimic the endogenous hormone and initiating or stimulating a response (Sumpter 2005). Furthermore, other paths of endocrine disruption exist, such as interfering in the synthesis of the endogenous hormones (Hallgren 2014).

2.2 The complexity of the study of the effects of EDCs

2.2.1 On the non-linear action of endocrine disruptors. Effects at low doses.

The study of EDCs is specially complicated in toxicology studies, because they can have effects at low doses that cannot be predicted by effects at high doses (Vandenberg et al., 2012), challenging the "the dose makes the poison" dogma. Two important concepts have been lately discussed in the toxicology field related to EDCs, a) low dose effects, and b) non-monotonicity. Low dose effects refer to the effects "observed below those used for traditional toxicology studies conducted for risk assessment purposes" by the US National Toxicology Program (2001). Non-monotonic is a term applied to the dose-effect response curves where relationship is not linear and the sign of the slope changes within the studied range of responses (Vandenberg et al., 2012). Traditional toxicological models have been assuming a dose-response relationship, and therefore might be underestimating the low-dose risk (Calabrese et al., 2003). Even more recent studies, like Caldwell et al. (2012) continue to ignore these concepts, despite that there is increasing evidence that low doses of hormones or EDCs such as BPA can trigger responses that are not stimulated at higher doses (Vom Saal and Hughes 2005). As a conclusion, for EDCs risk assessment purposes, extrapolation from data on effects at high doses that assume a linear response, should not be used (Vom Saal and Hughes 2005).

In addition to these difficulties to assess the effect of ECDs at low doses, Vom Saal and Hughes (2005) highlighted an additional source of confusion for regulatory agencies: the biased outcome of the research in low-dose studies (in rats) due to the source of funding. 90% of the 116 reviewed studies with governmental funding showed harmful effects of BPA at low doses, compared to the 0% of the ones financed by chemical corporations.

2.2.2 Endocrine disruptors cocktails

In nature, chemical pollutants are not found as single agents but as mixtures or "cocktails" (Beyer *et al.*, 2014, Silva *et al.*, 2002). Even when these individual chemical are at concentrations under the non-observable effect concentration, exposure to their mixture can have toxic effects on organisms (Kortenkamp *et al.*, 2008, Silva *et al.*, 2002). As toxicity assessment is usually performed considering the effects of individual chemicals, environmental effects of cocktail toxicity are being underestimated (Beyer *et al.*, 2014).

Given the difficulties of testing all the possible combinations of chemicals to assess the mixture effects, some theoretical models are being developed to achieve this goal. Here it is important to define the term mode of action, the series of processes by which the interaction of a chemical contaminant with a target site takes to changes in the organisms that result in sublethal or lethal effects (USEPA, 2000). It is important to differentiate chemicals with the same mode of action. For mixtures with chemicals showing similar modes of action, we can apply the concept of dose addition, meaning that cocktail effects can be expected even when individual chemicals are under non-effect concentrations, because they contribute in an additive way as if they were dilutions of each other (Kortenkamp *et al.*, 2008). This diverges from the result obtained with chemicals with different modes of action, where instead of a concentration addition

an independent action is assumed. Both dose addition and independent action concepts have been used with a fair accuracy for predicting mixture effects, based on the knowledge of individual effects (Kortenkamp *et al.*, 2008). In endocrine disrupting chemicals mixtures, experiments up till now show a good approximation of their toxicity by using an additive model (Figure 1) (Brian *et al.*, 2005, Silva *et al.*, 2002), but more information is desired to confirm the applicability of the theoretical models.

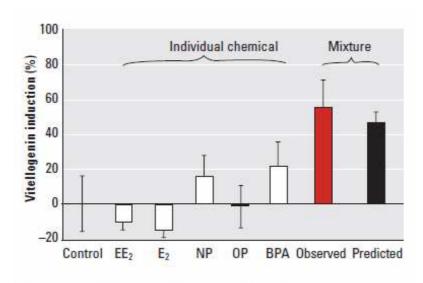


Figure 1. Example of mixture effects on vitellogenin induction at low-effect concentrations of five estrogenic chemicals: EE2 0.12 ng/l, 17 β -estradiol (E2) 5ng/l, nonylphenol (NP) 1.4 μ g, octylphenol (OP) 9 μ g/l, and BPA 30 μ g/l. Mixture concentration was 40.4 μ g/l. From Brian (2005). Reproduced with permission of the publisher.

2.3 Bisphenol A

2.3.1 Characteristics and applications

Bisphenol A (BPA) is the common name for 2,2-(4,4-dihydroxydiphenyl) propane, an organic compound composed of two phenol rings connected by a methyl bridge, and with two methyl groups bound to the methyl bridge (Kang *et al.*, 2007) (Figure 2). It is a synthetic product resulting from the condensation of 2 moles of phenol with one mole of acetone (Staples 1998). Most of the BPA manufactured is used in the production of polycarbonate plastics and epoxy resins (Staples 1998), and final applications include consumer and industrial products such as coatings for food packaging and beverage cans, plastic bottles, medical devices, safety equipment, parts of electronic circuits, paints, flame retardants, adhesives, and coating of thermal papers. Global production exceeds 3.5 million tons per year (Vandenberg 2010).

Figure 2. Chemical structure of Bisphenol A

2.3.2 Sources of BPA to environment

Release of BPA to environment can occur during its production, processing, transport, or after consumption (Flint 2012). Despite a short half-life, reported to be between 2.5 and 4 days (Staples *et al.*, 2009), BPA is highly widespread in the environment due to a continuous release (Oehlmann 2009). Particularly, it enters the aquatic systems mostly from point discharges like water treatment plants and landfill leachates (Kang *et al.*, 2007, Oehlmann 2009). But it can also be detected in indoor and outdoor air samples as well as in dust (Vandenberg 2007). Furthermore, BPA can react with chlorine producing chlorinated derivatives of BPA, and even though its production seems to be limited by the low amount of free chlorine in water, chlorinated derivatives of BPA seem to have a more potent estrogenic activity (ability to activate estrogen receptors compared to estrogen) and lower degradability than BPA (Kang *et al.*, 2007). Due to low hydrophobicity of BPA (Heinonen *et al.*, 2002), a low bioaccumulation capacity is expected (Flint 2012).

2.3.3 Concentrations of BPA in aquatic system

Klecka *et al.*, (2009) extensively reviewed the concentrations of BPA in surface fresh waters of North America and Europe reported in 89 studies between 1997 and 2007 (Figure 3). Median concentrations reported were $0.081 \,\mu\text{g/l}$ in North America and $0.01 \,\mu\text{g/l}$ in Europe, citing maximum values of $12 \,\mu\text{g/l}$ and $43 \,\mu\text{g/l}$ in North America and Europe respectively. However, higher values had been reported by Fukazawa *et al.* (2002) who detect a BPA maximum concentration of $370 \,\mu\text{g/l}$ in a paper-industry effluent in Japan.

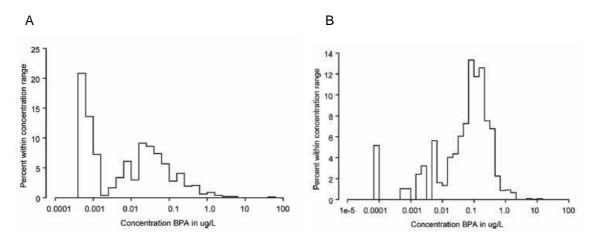


Figure 3. Concentrations of BPA (μ g/l) in surface fresh water in North America (A) and Europe (B). From Klecka *et al.* (2009). Reproduced with permission of the publisher.

2.3.4 A short review of the biological effects of BPA in aquatic organisms

Bisphenol A has been considered a weak xenoestrogen (Witorsch 2002), defined as man-made estrogenic chemicals (Rajapakse 2002), as the binding affinity of BPA to the estradiol receptor is lower than estradiol's (Lutz 1999). Blair (2000) quantifies this binding affinity being 0.008% of that of estradiol.

Despite this relatively low activity, existing literature describes numerous effects of BPA on organisms. For example, acute toxicity is found in the high μ g/l range for the crustacean *Daphnia magna* (Chen 2002), with median lethal concentration (LC50) values ranging from even 240 μ g/l in 24h (Park and Choi 2007) to 12800 μ g/l (Chen 2002). LC50 is the concentration of a substance at which half of the individuals of a population die, and it is used as a general indicator of the substance's acute toxicity. Note that 240 μ g/l is remarkably close to environmentally relevant concentrations (see previous section). Again in *D. magna*, chronic effects occur at slightly lower concentrations than for acute toxicity (Oehlmann 2009). Brennan (2006) detected inhibition of reproduction and development at 1000 μ g/l. BPA inhibits development, growth and egg production at 100 μ g/l in the marine copepod *Acartia tonsa* (Andersen 2001), while 0.08 μ g/l were enough to inhibit larval development in the widespread midge *Chironomus riparius*. BPA can even affect developing eggs when breeding female *C. riparius* are exposed Oehlmann (2009). In the same species, adults emergence was delayed at 78 ng/l BPA and higher (Watts 2001).

In fish, *in vitro* studies have shown the ability of BPA to act as a xenoestrogen, by binding and activating the estrogen receptor (Harris 1997). In vivo studies show the feminizing effects of BPA, as well as the increase in synthesis of vitellogenin (Vtg) and zona radiata proteins (Zrp), in different fish species: carp (Cyprinus carpio), at 100 μg/l (Mandich et al., 2007); fathead minnow (Pimephales promelas), at 160 µg/l (Brian et al., 2005); cod (Gadus morhua), at 50 μg/l (Sohoni et al., 2001); medaka (Oryzias latipes), at 1000 µg/l (Larsen et al., 2006); rainbow trout (Oncorhynchus mykiss), at 500 μg/l (Ishibashi et al., 2005). Vtg and Zrp are respectively an egg-yolk and an eggshell protein synthetized in female teleost fish liver in response to estrogenic signals. They are commonly used as biomarkers of exposure of fish to xenoestrogens (Brian 2005). Note however the high concentrations used compared to the environmental values (see above). Other effects of BPA on fish have been detected at environmentally relevant concentrations (Oehlmann 2009). For example, the plasmatic estrogen/androgen ratio is altered at concentrations between 1- 56 µg/l in carp and juvenile turbot (Scophthalmus maximus), due to depressed levels of androgens as testosterone and 11-ketotestosterone (Labadie and Budzinski 2006, Mandich 2007). The consequences of these alterations could be reflected in the following hormone-regulated processes: masculinization/feminization of individuals, growth, skeleton development, neural development, or cell cycle (Oehlmann 2009). In addition, other effects have been detected on fish reproductive system, including alterations in gonadal structure from 1 μg/l BPA (Mandich 2007), reduced sperm quality, and retarded or inhibited ovulation in brown trout (Salmo trutta) between 1.75 and 5 μ g/l (Lahnsteiner et al., 2005). Importantly for my study, inhibition of somatic growth has been detected after exposure of fathead minnow from concentrations of 640 µg BPA/I (Sohoni et al., 2001).

Alterations in behavior have not been as extensively studied as development processes. Wang *et al.* (2013) show that exposure to 228-3000 μ g BPA/I caused a decrease in swimming speed, as well as axial muscle damage in larvae of zebra fish (*Danio rerio*). In addition, it has been found that exposure to 1280 μ g BPA/I induced changes in the expression of secondary sexual characteristics as well as in mate choice in two closely related fish from the genus *Cyprinella* (Ward *et al.*, 2012).

At the genetic level, Bolognesi (2006) found damage of DNA related to exposition at 50 μ g/l BPA. Various studies have focused on BPA induction of changes in gene expression in fish. These show the inductive effect that this chemical has on the

expression of genes related to oestrogen signaling, for instance the oestrogen receptor alpha in *Kryptolebias marmoratus* (Lee 2006), and medaka (Hayashi 2007). In addition to induce the expression of some of the same genes that natural oestrogen do, BPA was shown to induce the expression of some other different genes in carp (Moens 2006). However, these alterations on gene expression are detected at very high BPA concentrations.

BPA does not act exclusively via estrogen signaling pathways, but also through other neuro-hormonal systems (Oehlmann 2009), and together negatively affect biological processes such as fish reproduction, growth and behavior.

2.4 Ethinylestradiol

2.4.1 Characteristics and applications

Ethinylestradiol (EE2, or 17α-ethinylestradiol) is a synthetic estrogen derived from the natural hormone 17β-estradiol (E2), used mainly in birth control pills (Tyler *et al.*, 1998). It contains an additional ethinyl group at C-17 compared to E2 (Figure 4). This additional group provides the EE2 molecule a higher resistance to biodegradation than E2 (Clouzot 2008). Knowing the physico-chemical properties of EE2 can be useful to predict its behavior in nature (Clouzot 2008). It is an organic compound, with an octanol-water partition coefficient of 4.15 (Lai 2002) that indicates liposolubility. Together with a factor of bioaccumulation higher than the other estrogens, this indicates that bioaccumulation is likely to occur. However, this value is still orders of magnitude lower than for other endocrine disruptors like diclorodiphenyltrichloroethane (DDT) (Lai 2002). It is relevant to remark here that lipophilic xenobiotics (logKow>3) are likely to enter fish circulatory system via the gills (Kreke and Dietrich 2008). EE2 is included in a watch list of substances to be monitored by all European Union member states, with the possibility of being included in the future in the priority substances list (European Parliament, 2013).

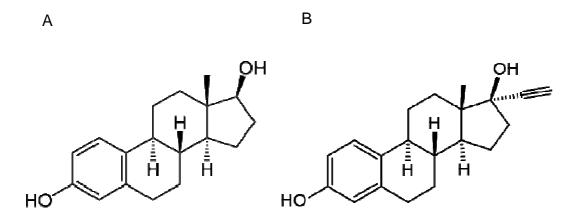


Figure 4. Chemical structure of 17β -estradiol (A) and 17α -ethinylestradiol (B). Note the additional ethinyl group in the latter.

2.4.2 Releases of EE2 to environment

Although EE2 is deactivated before excretion from the human body, it can be detected in its biologically active form in effluents from waste water treatment plants (WWTPs). It has been suggested that *Escherichia coli* present in the waste waters would metabolize the inactive towards the active form (Johnson and Williams 2008). Therefore, human excretion represents the main pathway for EE2 to enter the aquatic environment (Hanna *et al.*, 2009)

2.4.3 EE2 occurrence in aquatic systems

Some studies have detected EE2 in water not directly downstream WWTPs, like the reported values of 4 ng EE2/l in German rivers (Strumpf *et al.*, 1996), or the 3 and 15 ng/l detected in reservoirs and rivers from England, respectively (Aherne *et al.*, 1989). In addition EE2 has been detected in Canada, Brazil, China, and Japan freshwaters (Zha *et al.*, 2008).

Other studies have used a modelling approach to estimate surface water concentrations. In a study funded by pharmaceutical companies, Hanna *et al.* (2009) analyzed the occurrence of EE2 in surface waters in Europe and the United States. They take into account parameters as the amount of EE2 consumed, which percentage of it is excreted by the body and thus is likely to arrive to WWTPs, per capita water use and sewage flows, and removal efficiency of WWTPs. Once they estimate these concentrations, they compared its values with published data, measured by analytical methods, from samples taken downstream of WWTPs. By using the models, they concluded a maximum full word (STP) effluent concentration of 13 ng EE2/l in Europe and 0.4 ng EE2/l in the US. This differs from the measured water concentrations, which actually range from nondetected to 273 ng/l. The 90th percentile of measured concentration is 1.7 ng EE2/l, but still 1.5% of the analyzed concentrations exceed the maximum predicted of 13 ng/l.

2.4.4 A short review of the effects of EE2 in aquatic organisms

The effects of EE2 in aquatic organisms have not been studied in detail. I will present some relevant examples, focusing on the low concentration range effects on fish. Numerous studies have shown the effect of EE2 as vitellogenin-inductor in males of different fish species, such as rainbow trout (Schultz *et al.*, 2001), fathead minnow (Lange *et al.*, 2001), zebrafish (Andersen *et al.*, 2003), and medaka (Chikae *et al.*, 2004).

Rainbow trout exposed to 2 ng EE2/l during 3 weeks showed inhibition of testicular growth, slower spermatogenesis, and 10^6 higher vitellogenin concentrations (Jobling *et al.*, 1996). Similarly, a 2 weeks exposure of juvenile rainbow trout to an EE2-dominated mixture of oestrogens downstream a STP resulted in a sharp increase in vitellogenin concentration (Larsson *et al.*, 1999). In a larger, multigeneration experiment, Zha *et al.* (2008) assessed the effects of EE2 in Chinese rare minnow (*Gobiocypris rarus*). They found a total inhibition of reproduction of F_1 (no males developed to maturity; no females produced fertile eggs) at the lowest concentration tested (0.2 ng/l). In addition, at 16 ng EE2/l, 30-days old larvae showed morphological deformations, increased swimming failure, increased mortality and inhibited body growth. 120 days after hatching they showed lower gonadosomatic index (GSI), hepatosomatic and renal

somatic indices, which are the organ mass in relation to the body mass. Particularly, GSI is commonly used as an indicator of sexual maturity. By contrast, with lower EE2 concentrations (0.2 and 1 ng/l) they showed an increased GSI. In addition, they found higher plasma vitellogenin in males; higher plasma vitellogenin in females; kidney and liver histological anomalies; male-feminization; and dose-dependent female ratio.

Kidd *et al.* (2007) found that EE2 could cause the collapse of a fathead minnow population in a Canadian experimental lake in which they added EE2 up to a concentration of 6 ng EE2/l. Fish from the treatment lake showed higher levels of liver vitellogenin mRNA, as well as a different seasonal pattern for vitellogenin mRNA expression compared to fish from reference lakes. Males from the experimental lake had delayed spermatogenesis, gonad malformations, lower GSI values, and increased male intersexes. As a result of the lack of recruitment, the fish population collapsed after the second season of EE2 additions.

Finally, little is known about effects of EE2 on non-reproductive behavior on fish. However there is some evidence of an increase in shoaling behavior measured as time before leaving the shoal, in adult zebrafish exposed to EE2 (Reyhanian *et al.*, 2012).

2.5 Ecological relevance of the relations between behavior, morphology, and growth

Individual variation in behavior can have consequences at different levels of ecological organization (Owens 2006). At the individual level it can be linked with diet, habitat use, growth, survival rate, ontogenetic niche shifts and reproductive success. At the population and community levels it can affect social structure, group feeding rate, population dynamics and species interactions (Mittelbach *et al.*, 2014). For example it has been shown how activity rate and boldness are related to fish growth (Mittelbach *et al.*, 2014). Behavioral traits have been linked to morphological traits, as morphological differences correlate with different foraging behavior (i.e. search behavior, prey choice, among others) and habitat choice (Webb, 1984; Ehlinger and Wilson, 1988; Hjelm *et al.*, 2000; Robinson *et al.*, 2000; Svanbäck and Eklöv 2004). A specific organism morphology would provide the best match in a trade-off gradient (Robinson 1996). Therefore altering this characteristic in an individual, without a change in the environmental conditions, would involve a decrease in fitness, which could have ecological consequences.

3 Aim of this project

Given the importance, but little knowledge, of the effects that mixtures of EDCs can have on aquatic organisms, I considered that further research about this issue was neccesary. As this lack of information is especially dramatic at low concentrations of pollutants, a study on the environmental effects of EDCs should consider the low range of concentrations. Additionally, despite extensive work on ECDs, few studies have focused on the effects of these on non-reproductive behavior (but see Reyhanian *et al.*, 2011, Hallgren 2014), which, as stated before, can have ecological consequences at different organization levels. My aim was to perform an experiment to test the effects of EDCs mixtures, at environmentally relevant (low) concentrations, on non-reproductive behavior, exploring its relations with morphology and growth, in a fish species

occurring naturally in Sweden. Therefore, I tested the effects of BPA and EE2 in bleak (*Alburnus alburnus*).

4 Material and methods

4.1 Fish collection and pretreatment

140 bleak (*Alburnus alburnus*) were caught by means of a cast net on 4 and 5 February 2014 in Biotest basin, Forsmark, Sweden, 72 km northeast of Uppsala. Bleak were transported in styrofoam boxes in 5°C water. Once at Uppsala University, fish were separated into three 300l black tanks, filled with tap water at 5°C. The temperature was then allowed to gradually increase overnight to room temperature (15°C). Fish were treated with baktopur (nifurpirinol, Sera GmbH, Heisenberg, Germany) during 3 days. During this acclimatization period they were fed once a day with staple diet (Sera GmbH, Heisenberg, Germany) and chironomids (Ruto BV, Zevenhuizen, Holland).

After 1 week of acclimatization, on Friday 14th February, 120 fish were moved to the experimental aquariums (70x30x40 cm) with water at room temperature (15°C). The remaining 20 fish were kept in 3 100 l-tanks as spare fish. Every aquarium was divided into two experimental units separated by a plexiglass pierced plate, which allows water circulation but acts as a barrier to fish. 6 fish were put in each aquarium (3 fish per experimental unit). Light environment was adjusted to 12h of light and 12h of darkness, with progressive light increasing and decreasing to mimic natural conditions. Water in the tanks was kept circulating with a filter pump, and 50% of the water was renewed once a week with tap water.

Four different EDCs treatments were randomly assigned to the aquariums: control, BPA, BPA+EE2, and EE2. In addition, fish were fed with either frozen chironomids or frozen *Daphnia pulex* (Imazo AB, Vara, Sweden), where one side of the aquarium were fed chironomids and the other *Daphnia* (Figure 5). The fish were fed a quantity of food equivalent to 10% of initial body weight per day, once a day, as had been previously used with similar fish species in this research group. This created a design with 4 different EDCs treatments, crossed with 2 diet treatments that were replicated 5 times.

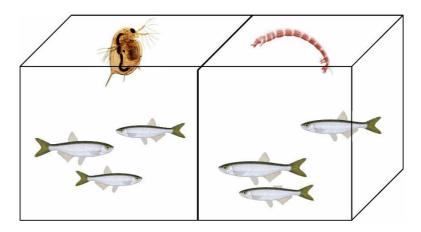


Figure 5. Schematic view of one aquarium with its two experimental units.

The experiment lasted 7 weeks, during which growth, behavior and morphology was studied. At the end of the experimental time, fish were euthanized with an overdose of MS222 in buckets with aged water from aquaria. Fish were then subjected to dissection.

4.2 Preparation and addition of chemicals

Solutions of EE2 (>98%) and BPA (>99%) (Sigma-Aldrich, Steinheim, Germany) were prepared with acetone following Zha (2008) but with different final concentrations, to reach a final concentration in the aquaria water of 10 µg BPA/l or 10 ng EE2/l. Solution for combined treatment contained 10 µg BPA/l and 10 ng EE2/l. These concentrations were chosen as they were environmentally relevant values but still allowing to handle the small quantities of reactive with the available means. Solution for the control treatment consisted on acetone 50%. Solutions were added every week to keep the desired concentration of EDC in the water, calculating the required volume of chemicals to add from half-life data at this water temperature (Staples *et al.*, 1998).

4.3 Growth

4.3.1 Weight and length

A combined weight of the three fish assigned to each experimental unit was measured with a lab scale (Ohaus Navigator, Ohaus Corporation, NJ, USA) before the experiment. There were no significant differences in initial weight of the bleak assigned to receive the different treatments. By contrast, individual weights and length measures were not taken to avoid excessive handling of the fish, following advice about the sensitivity of this species. The combined weights of each experimental unit as well as individual weights and lengths (total length) were taken at the end.

4.3.2 Gut length, gonad characteristics

The intestine (gut) was dissected out from the buccal cavity and the gut length was measured with a ruler. Gonads were weighed and sex determined from them. Presence of testicles with oocytes was quantified and fish with this condition qualified as intersex fish. From this data a proportion of intersex fish for each treatment was calculated. GSI for each sex was calculated from gonads weight and total weight of each individual fish, applying:

GSI = [gonad weight / total tissue weight] x 100

4.4 Behavior

For measuring behavioral traits, I recorded videos before the start of the experiment, after 3 weeks, and just before its termination (7 weeks). The video recordings (180 seconds) were conducted 2 h after the fish were fed, with a videocamera (SONY HDR-cx52ove, Sony Corporation, Tokyo, Japan). In the video, the front side of each experimental unit was divided with a 5cm-side grid as a coordinate system, allowing to determine the position of each individual in the 2-D space at each moment, as well as the distance to each one of the other fish, and the distance to the separation plate, at each moment. By tracking the position of each bleak every 5s, it was possible to calculate the distance a fish swam in one minute (locomotor activity), as well as the average distance kept to the other fish and to the separation plate during one minute

(sociality) (Figure 6). This last measure is intended to be an approximation of the tendency to be close to the shoal at the other side of the plate.

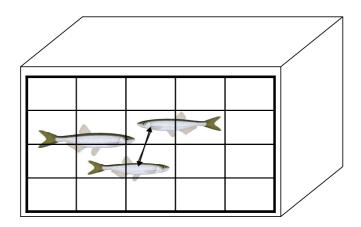


Figure 6. Diagram of experimental unit with grid for recording behavior parameters

In addition, at the end of the experiment fish were assayed for their reaction to predator chemical cues, indicated by the same parameters as for the behavioral tests indicated above: locomotor activity, distance to neighbors and distance to separation wall. For this purpose, every tank was video recorded for 180 seconds after adding 2 l of water taken from a 100 l aquarium where a predator (pike, *Esox lucius*) had been kept for 6 months.

4.5 Morphometrics

Morphometry was analysed with landmark-based geometric morphometrics. At the end of the experiment, a photograph of the left side of every fish was taken using a Nikon D300s camera (Nikon, Tokyo, Japan). The pictures were used to digitalize 15 landmarks on each individual fish with tpsDig2. The relative positions of the landmarks were analyzed with tpsRelw (Rohlf 2013) (Figure 7). This program analyses shape changes by comparing each fish individual landmark coordinates with the coordinates of the landmarks of the other individuals. Then it gives scores of relative warps among individuals, which describe deformations that are spatially graded and those that are restricted to an area of the geometry (Zelditch *et al.*, 2004). TPSRelw corrects the differences in landmarks due to body size (Bartels *et al.*, 2012).

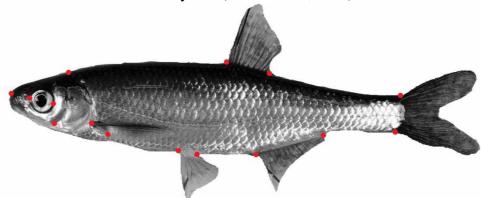


Figure 7. Position of the 15 landmarks digitalized for morhpological analysis.

4.6 Statistical Analyses

Statistical analyses and graph productions were performed with R (R Core Team, 2012). For weight change analysis, pseudoreplication was taken into account by taking the average values from each experimental unit, i.e., each three fish, as well as the fact of the repetition of measures of the same individuals along the time. A linear mixed effects model was run. Post-hoc analysis was performed with Tukey's test.

To test the effects of treatments on total length, intestine length, GSI, sex-ratio and proportion of intersex individuals, several analyses of variance (ANOVA) were run taking into account pseudoreplication in the experimental units. A linear regression was done between the intestine length and fish length, and the residuals were compared between treatments with an ANOVA.

Behavior data was statistically analyzed by an ANOVA to test for significant effects of the factors treatment groups, diet groups and time. Behavior data was log-transformed to meet the assumption of normality. The position of the tank in the lab was taken into consideration for possible effects on fish activity, as some of them were closer than others to the area were experimenters were working. This was accounted by adding the factor zone describing the tank's position within the room (Figure 8).

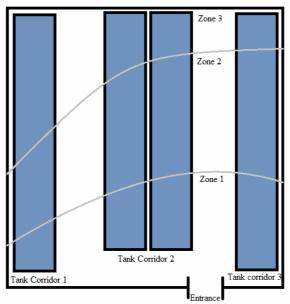


Figure 8. Schema of the aquaria room including zones of potential disturbances to the fish. Potential disturbances were expected to be higher in the areas closer to the entrance to the room.

For morphometric analysis, a Kruskal Wallis test was carried out to compare the difference in relative warps among EDCs and diet treatments, followed by a Kruskal-Wallis multiple comparison test as post-hoc when significant differences were found.

The data was analyzed considering treatment as a four level factor (Control, BPA, BPA+EE2, EE2), and the diet as a two level factor (*Daphnia*, Chironomids). Treatment, diet, and time were considered fixed factors and tank number as random factor. This design allows to detect synergistic or antagonistic effects of the mixed treatment, compared to the single chemical ones. If none of these effects were detected analyses were repeated considering two factors (BPA, EE2) of two levels describing the presence or absence of BPA and EE2, in order to enhance the statistical power.

5 Results

5.1 Fish Growth

5.1.1 Fish Weight

Initial weight was not significantly different between treatments, nor between diets. (Table 1; p-value ≥ 0.0561).

Table 1. Weight of bleak from different treatments before the experiment. Mean values \pm standard deviations (SD) are shown.

Treatment	Mean initial weight (g)	SD
Control	21.75	4.54
BPA	24.14	4.17
BPA+EE2	18.98	5.03
EE2	19.94	3.19

The weight within groups decreased significantly with time (p-value=0.014, F=6.694) (Figure 9), and there were significant differences of this change of weight between treatments (p-value=0.008, F=4.633). The post hoc test revealed BPA treatment fish to have a higher final weight than mixture treatment fish (p-value=0.023), and EE2 treatment fish (p-value=0.022). However, no significant difference in final weight was found between control and any of the other treatments when considering the repetition of measurements. There was an interaction of treatment with diet (marginally significant, p-value=0.060, F=2.737), (Figure 10) and *Daphnia*-fed fish had a lower weight than chironomids-fed fish (p-value=0.047) (Figure 11).

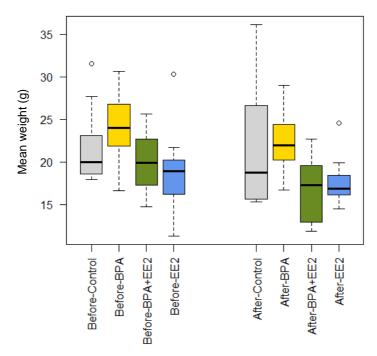


Figure 9. Mean weight of bleak (g) for each EDCs treatment, before applying treatment and at the end of the growth experiment.

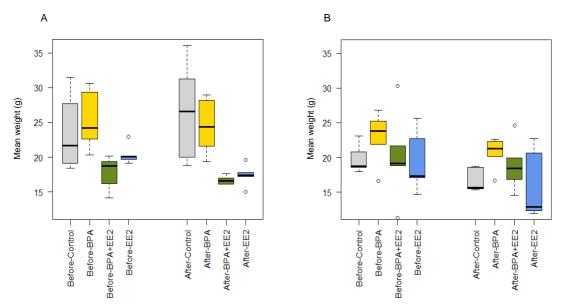


Figure 10. Mean weight of bleak (g) for each EDCs treatment, before applying ECDs treatment and at the end of the experiment, for chironomid diet (A) or daphnia diet (B).

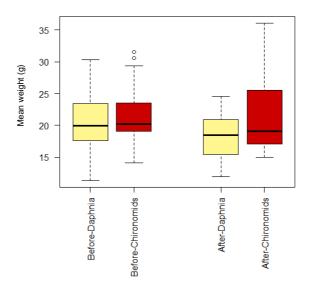


Figure 11. Mean weight (g) of fish for each diet treatment, before and after the growth experiment.

When considering treatments as presence or absence of both BPA and EE2, results showed that final weight was significantly lower in fish whose treatment contained EE2 (p<0.005, F=18.193; Figure 12).

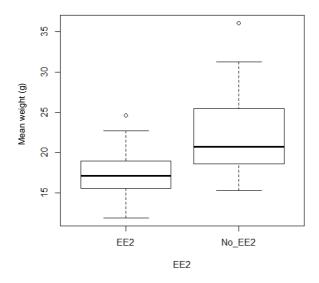


Figure 12. Mean final weight (g) grouping the treatments by presence or absence of EE2.

5.1.2 Total Length

There was a significant effect of treatment on total length (p-value=0.01), where length was higher for BPA than for mixture (p-value=0.03) and EE2 (p-value=0.01) treatments (Figure 13). No effects of diet or tank position variables were detected. Analyzing data as presence/absence of BPA and EE2 revealed significantly lower final length in fish with EE2 treatments (p-value=0.009, F=7.809).

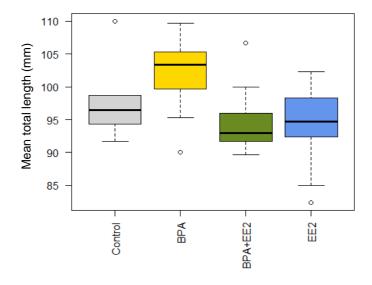


Figure 13. Mean total length (mm) at the end of the growth experiment, in relation to the EDCs treatment received.

5.1.3 Intestine length

Intestine length was significantly higher for fish under BPA treatment than control (p-value=0.024) and EE2 (p-value=0.008) treatments. This is also supported if data is analyzed as presence/absence of BPA and (p-value=0.006, F=8.663) (Figure 14).

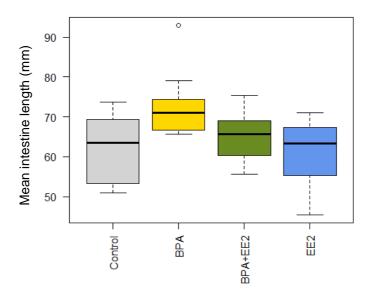


Figure 14. Mean gut length (mm) at the end of the growing experiment, separated by ECDs treatment.

The correlation between fish length and intestine length showed an adjusted R-squared value of 0.33 (p-value<0.005) (Figure 15). However the residuals of the regression for each treatment did not differ significantly (p-value=0.398)

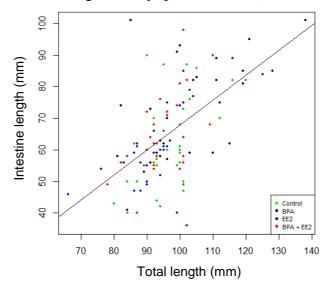


Figure 15. Correlation between intestine length and total length (mm), by ECDs treatment. $(R^2=0.33, p<0.005)$

5.1.4 Gonadosomatic index (GSI)

GSI was not different between treatments (Figure 16; p-value ≥0.303), neither for males or females. However, if analyzing data as presence/absence of BPA/EE2 a positive effect of BPA on GSI value was detected (p-value=0.046; figure 17).

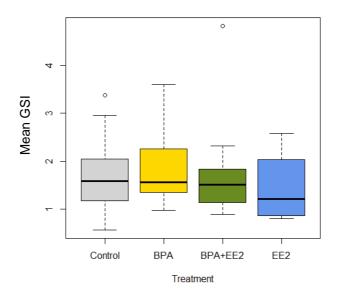


Figure 16. Mean Gonadosomatic index by ECDs treatment.

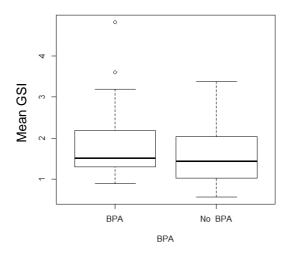


Figure 17. Mean GSI in presence or absence of BPA in the ECDs treatment.

Proportion of intersex individuals and sex ratio

Significant differences of the proportion of intersex individuals were not found among treatments (p-value ≥ 0.654). Sex ratio was not found to differ significantly between treatments (p-value ≥ 0.156). Male proportion: Control: 0.83 ± 0.17 ; BPA 0.73 ± 0.26 ; BPA+EE2 0.77 ± 0.25 ; EE2 0.67 ± 0.27 , mean \pm SD)

5.2 Behavior

5.2.1 Locomotor activity

Before applying treatments, there were significant differences in the locomotor activity of the fish influenced by the tank corridor (p-value=0.008, F=5.794) (Figure 18) However, no differences among treatments were detected (p-value=0.06, F=2.875). In the middle of the experiment, again there were differences in basal activity depending on the tank corridor (p-value=0.026, F=4.199). At the end of the experiment, no

significant differences were found in basal activity (p-value≥0.537, F=5.473). When compared two by two the locomotor activity at the three different times, no significant differences were found. In addition, when tank position effects were excluded from the model, significant differences related to time were detected (p-value=0.037), showing a decrease in activity with time (Figure 19).

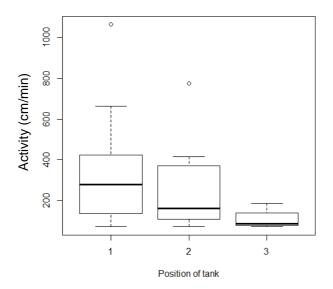


Figure 18. Locomotor activity depending on the position of the tank in the lab

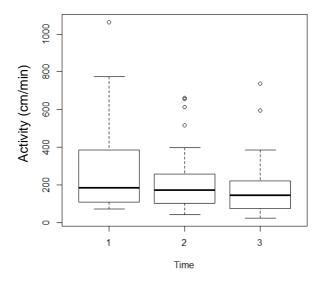


Figure 19. Locomotor activity of the fish along the experiment time.

5.2.2 Sociability

Before applying treatments, fish maintained a different distance among conspecifics in the same experimental unit, influenced by zone (p-value=0.035, Figure 20), but not among treatments (p-value=0.133, F=2.037), nor diet (p-value=0.364, F=0.851). In addition, they maintained significantly different distances to the separating wall also related to tank corridor (p-value<0.005, F=13.246)

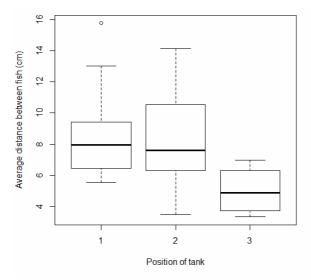


Figure 20. Distance between fish (cm) depending on the position of the tank in the different zones of the laboratory, before applying ECDs treatments. Lower values of "Position of tank" indicate higher proximity to the entrance of the room.

At the end of the experiments, significant differences related to tank corridor (p-value<0.005, F=12.112) and zones (p-value=0.049, F=3.386) were detected which were not related to treatment or diet (p-value≥0.133, F=2.037). They also maintained significantly different distances to the separating wall (p-value=0.003) associated with factor zone. However, no significant change in the parameters associated to fish sociality was detected along the time.

If comparing treatments by absence/presence of BPA and EE2, the effects of the position of the tank were also detected in the different behavior parameters. But, in addition, it was possible to detect a lower social distance kept between the fish whose treatment included EE2 (p-value=0.04) as well (Figure 21).

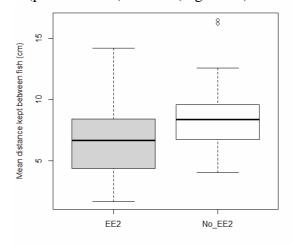


Figure 21. Distance kept between fish in treatments of presence or absence of EE2.

5.2.3 Reaction to predators

There were significant differences in fish activity when exposed to predator cues, although related to tank position parameters. However, fish fed with *Daphnia* diet

(Figure 22) show a higher activity compared to those fed with chironomids (p-value=0.047, F=4.400)

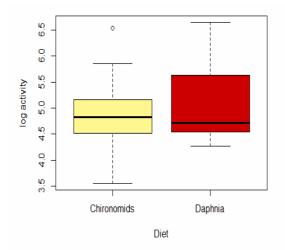


Figure 22. Fish locomotor activity (log-transformed data)when exposed to a predator chemical signal, separated by diet treatment.

5.3 Morphometry

Two components of the relative warp showed significant differences among treatments. Fish body form under EE2 and mixture treatments were different from body form from BPA and control treatments (p-value<0.05) (Figure 23). The deformation plots show that the main trends in morphological variation are related to body depth and snout direction. None of the treatments showed an effect on any of the rest of relative warp components. In addition, no significant difference of the relative warp components between diets was detected.

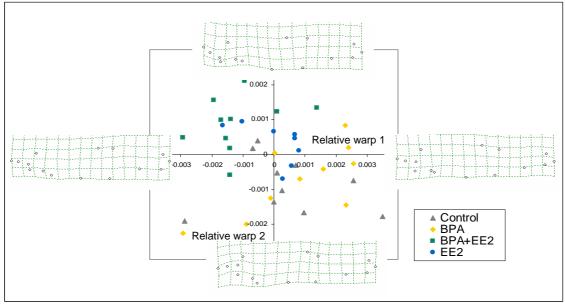


Figure 23. Ordination plot showing position of bleak scattered along the two relative warps that showed a significant difference among treatments. The deformation grids show main trends of morphological variability by each relative warp. Deformations were exaggerated 5x.

6 Discussion

6.1 Growth

The first surprising result is the decrease in weight for all treatments. The amount of food provided for both diets was according to similar previous experiments in this lab, but carried out with other species (*Perca fluviatilis*). Multiple reasons may explain this result. Having observed that the experimental fish actually ate when the food was given, it seems evident that the amount provided was not enough for the fish requirements. It is possible that bleak and perch differ in metabolic rate or activity level at the aquaria conditions, e.g. temperature.

6.1.1 EDCs effect on final weight.

The more pronounced decrease in weight in EE2 treated-fish is in agreement with Hallgren (2014), who found that exposure of roach (Rutilus rutilus) to a concentration of 28 ng EE2/l caused a decrease in fish biomass. Differently to Hallgren's results, I did find a difference in total length when there is presence of EE2. Hallgren (2014) detected a decreased foraging efficiency in roach after exposure to EE2, which may explain the reduced weight. Another plausible explanation is via the effects of sex steroids on growth hormone synthesis, which are still controversially debated even within species (Bernier et al., 2009). However, EE2 at low concentrations interferes with the growth hormone in developing bony fish (Shved et al., 2008), a mechanism that may contribute to the results I obtained. In a mesocosmos experiment, Hallgren (2014) showed how a decrease in fish biomass treatment was related to an increase in zooplankton biomass. The results I obtained would rule out the possibility of this decrease in fish biomass as a consequence of the alteration in the zooplankton community, but would support that EE2 effects on fish would have instead top-down consequences in the aquatic systems, altering the structure of the community. Although these effects were weak in Hallgren's (2014) experiments, a longer exposure may alter community structure more deeply.

I could not find an inhibitory effect of BPA on somatic growth, despite the results found previously at higher concentrations (Kwak 2001, Sohoni 2001). This may indicate that BPA by itself does not have a detectable effect on somatic growth at this low concentration, even in combinations with other estrogenic EDCs.

6.1.2 Diet treatment effects on final weight.

According to the information provided by the suppliers and in agreement with De la Noüe and Choubert (1985), *Daphnia* and chironomids have a different nutritional value, where chironomids are richer in fat and proteins per gram. This seems to be the reason to find a diet effect on fish weight. It is also interesting to highlight the significant interaction affects of diet and treatment on weight, being the fish with chironomids diet and control treatment the only group gaining weight. It seems that the combination of a poorer diet with the chemical stressors would enhance the inhibitory effects of EDCs on fish growth. In other words, the EDCs effects are more visible in fish in diet stress. It has been previously shown that when organisms are pushed to the limits of their physiological tolerance range, they become more sensitive to the action of chemical stressors (Hooper *et al.*, 2013). More specifically, Hooper *et al.* (2013) highlight the sensitiveness of the vertebrate endocrine system to environmental factors such as food

availability. As a conclusion, the food shortage treatment that the experimental fish went through, contributes to support the idea of interaction between chemical and non-chemical stressors to diminish fish performance. In a context of global change, organisms will have to deal with a variety of stressors, including changes in the food web (Beyer *et al.*, 2014). The increased sensitiveness to EDCs in presence of other stressors should be taken into account in the attempts to predict its effects on aquatic organisms and systems.

6.1.3 Intestine length, GSI, Intersex proportion.

The longer intestine length for BPA treated fish than for EE2 treated fish can be simply attributed to its correlation with fish length, as EE2-treated fish are shorter.

Intersex is the presence of male and female gonadal tissue, at the same time, in an individual of a fixed-sex species (Tylor *et al.*, 2008). Although it has been considered as an indicator of exposure to EDCs (Tylor *et al.*, 2008, Bizarro *et al.*, 2014), the fact is that in several studies it has also been detected at reference sites (Bahamonde *et al.*, 2013). As a result, a normal base-level of intersex should be distinguished from endocrine disruptor – induced intersex. Literature does not describe the intersex status of the bleak, therefore with the results described here this species can be grouped along with the fish that show natural intersex.

6.2 Behavior

In general, we can detect that at any time during the experiment, bleak locomotor activity and sociability were strongly influenced by the position of the tank in the lab, being the fish closer from the entrance of the lab more active, which indicates that experimenter presence would be acting as an important stressor. This highlights the importance of minimizing this effects in future behavioral studies, or, if not possible, at least do not neglect them in the analysis of data.

Bleak with EE2 in their treatment tended to be closer to each other after three weeks of treatment. Few studies have previously focused on effects of EE2 on non-reproductive behavior. It has been shown before that EE2 induced anxiogenic behavior in guppies, indicated by dwelling and freezing behavior when exposed to novel environments (Hallgren *et al.*, 2011). Furthermore, an increase in shoaling behavior measured as time before leaving shoal has also been reported before, with adult zebrafish exposed to EE2 (Reyhanian *et al.*, 2012), although Hallgren *et al.*, (2011) failed to detect this effect. The present study supports the results obtained from model organisms, detecting an increase in the cohesiveness of the shoal that indicates anxiety, in a non-model fish species as is the bleak.

The changes in non-reproductive behavior induced by EE2 described here, can have ecological consequences. Shoaling is a trade-off between the anti predator benefits that the group confers and the foraging competition (Pitcher 1996, Hoare *et al.*, 2000). Cohesiveness tends to increase with the presence of a predator as a way of decreasing predator risk, and tends to decrease when there is a need of reducing the foraging competition (Morgan 2006). An increase in cohesiveness in the absence of a predator would be maladaptative behavior, as it would raise the costs of foraging competition without providing additional protection against predation.

Predator avoidance

Although ECDs treatment did not have an effect in the reaction of bleak to predator chemical cues, so had the diet. The fact is that fish fed with *Daphnia*, which has been previously discussed as a poorer diet, showed a higher level of activity. Huckstorf *et al.*, (2009) showed how starving conditions altered anti-predator behavior of roach (*Rutilus rutilus*), and Morgan (2006) detected effects of hunger in shoaling cohesiveness in bluntnose meanows (*Pimephales notatus*). Here, I did not find differences in shoaling characteristics but in locomotor activity, confirming the predictions made by Sih (1992) that more hungry individuals take more risks of being predated, in order to gain access to food.

6.3 Morphometry

Morphology within a fish species can vary when adapting to a heterogeneous environment, as an expression of phenotypic plasticity (Peres-Neto and Magnan 2004, Olsson and Eklöv 2005). A specific morphology would provide the best match in a trade-off gradient (Robinson 1996). Therefore altering this characteristic in an individual, without a change in the environmental conditions, would involve a decrease in fitness. This study supports the idea that EDCs can cause a shift in bleaks morphology, tending the ones exposed to EE2 to have deeper body and upper bent snout. Differences in this aspects of fish body shape have been related to differences in maneuverability, attacking speed, search behavior, prey choice, and in consequence affecting foraging efficiency (Webb, 1984; Hjelm *et al.*, 2000, Svanbäck and Eklöv 2004). Therefore we can expect a decreasing general fitness derived from this changes in morphology, effects that may be transmitted across scales and cause alterations in the community structure.

7 Conclusions

I could not find any cocktail effects of the mixture of BPA and EE2 at environmentally relevant concentrations. Instead, the changes detected were attributable to EE2 alone. However, I found that an inhibitory effect of EE2 in bleak growth possibly due to a decrease in foraging efficiency, which could have top-down effects in the aquatic system as for example in primary production via release of foraging pressure on zooplankton. I could also find that food shortage acts as a stressor that makes bleak more sensitive to endocrine disrupting chemicals effects on fish growth. This should be considered in a context of global change were other stressors are increasingly present. EE2 seemed to cause a level of anxiety reflected in a more packed shoal, which can be considered a maladaptive behavior that can have ecological costs. If these combined effects are strong enough, a general decrease in population fitness could be expected. Furthermore, although not directly related to EDCs, I could detect effects of food shortage on bleak locomotor activity when a predator chemical cue is present. In addition, this study describes a background level of intersex condition in bleak, which to the best of my knowledge was not studied before. I would like to highlight the importance of a methodological procedure that controls confounding variables when performing behavioral experiments in fish.

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