Inger Wätterbjörk has been registered nurse since 1983 and a registered midwife since 1989. She received a master’s degree in nursing in 2006, and during the last four years has been a PhD student at Örebro University. For more than 20 years she has worked as a midwife in Primary Health Care in Örebro County Council. The midwife’s working areas in Primary Health Care encompasses health services in connection with pregnancy, parenting support, family planning, outreach to prevent unwanted pregnancies and Sexual Transmitted Infections and counselling about lifestyle issues. Inger Wätterbjörk has also for several years taught public health care and sexual and reproductive health care in the school Swedish for Immigrants.

When Örebro County Council introduced a new method of prenatal screening in November 2008 a model for providing information in two steps was also implemented. The information model took its starting point in a report from the Swedish Council on Technology Assessment in Health Care. One conclusion of the report was that information about prenatal diagnosis for the pregnant woman and her partner must be increased, but that there was no evidence for how it should be done. The Swedish National Council on Medical Ethics issued an opinion emphasizing the importance of information for the pregnant woman and partner. The Maternal Health Care Programme in the county, with midwives from the Primary Health Care service then elaborated an information model whereby information for the pregnant woman and partner was offered in two steps. The new programme gave rise to the research question, what are the experiences of pregnant women and partners regarding this information model in a prenatal screening programme? The aims of the thesis were to enhance the understanding of couples’ experiences and to improve the information model for prenatal screening choices.