Hirsutism and Quality of Life with Aspects on Social Support, Anxiety and Depression

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Hirsutism is excessive hair growth in women, mostly because of Poly Cystic Ovary syndrome, but some other, not so common endocrine disorders could also cause the state. The prevalence is estimated to 5 % in women. The scientific knowledge about the effect on quality of life by hirsutism is very sparse. This thesis describes different aspects on health related quality of life (HRQoL) in women with hirsutism and how life is perceived by the women. It also describes the patient-physician relationship from the women’s perspective when seeking healthcare. Further it deals with aspects on anxiety and depression in relation to HRQoL and how social support could affect the outcome of HRQoL. In this thesis a measurement for perceived social support (The Multidimensional Scale of Perceived Social Support, MSPSS) has been translated, culturally adapted and psychometrically evaluated in a Swedish setting.

Doctoral Dissertation

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