CONFIDENCE

THE SHIVRAJ UDYAN GYMNASIUM
AND SPORTS INTRODUCTION CENTRE

SITE INTRODUCTION

SITE LOCATION

1-2.5k / A0

0

25

50

125

250m

Matunga

Mahim

Sion

Dharavi marshlands

Dharavi

LONG TERM STRATEGY:

S1. Private school connection
S2. Pre-school expansion and connection

Above: Praveen Sakpal, owner and manager of Gurudutt Gymnasium in Dharavi.

Eight of Praveen's "boys" have through bodybuilding gotten jobs in the railways under the sports' quota.

An employer who demands just four hours of work a day and grants three months leave before competitions.

"Bodybuilding is a sport where you spend and spend but hardly earn anything", rues Praveen.

"But if you get a medal at the national level you can get a government job.

And that makes all the work, worth something.

Confidence is a cult of belief, if you can change your body you can change your life.

- Poor Little Rich Slum, by Rashmi Bansai & Deepak Gandhi

"I come every morning to the community center. Then the coaches bring me to the ground.

I like the training a lot. I want to be a football coach as well when I'm older!"

- Neha, 8 years old. Participant in the Reality Gives and YUWA football program in Dharavi.

But things are changing. According to her mother, football has delayed the prospect of marriage. Her father says he would be delighted if she made the state team and even happier if she moved out of their house into a sports or school hostel – more titles mean less dowry and better marriage prospects, and leaving the house means one less mouth to feed.

- YUWA case study.

SOCIAL & CULTURAL ASPECTS:

"The Sports Place of Dharavi.(Not Now)

The Place where almost every sports people of dharavi had played and enjoyed the sports.

At this place many cricket tournaments had conducted till now.

Now this place is got fully spoiled because of some ptcl mans.

On the promise of developing this place those ptcl man had spoiled this place fully.

Please all the dharavi ppl do something to change this place again into sports place.

otherwise the sports activity from the next generation may get vanished fully as there is no other place nearby for sports.

" - YUWA case study.

SITE OVERVIEW

Current:

1. Municipal primary school
2. Private primary school
3. Pre-school + hindu temple
4. Residental/commerical/production
5. Police station

Intervention:

6. Sporting grounds
7. Spectators stand
8. Exercise facility

SITE INTRODUCTION:

View 1: Relation to NE street and residential area
View 2: Relation to SW street connecting from 90' road

"The promises of community facilities that the plans for new sports facilities hold out for Dharavi community are not being met.

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The interaction between Flex Gym members is also significant to note. Unlike in Western gyms, where it is common to see members listening to music through earphones on portable music devices during their workout, in Flex Gym, this is not the norm, and not once did I observe any member listening to such a device. Instead, there is a noticeably high level of interaction between members,

as they exchange jokes, share photos and text messages from their mobile phones, and generally enjoy each other's company.

- 'Pumping Iron' in Dharavi: An ethnographic account of bodybuilding culture in Mumbai's slum-city.


SPACIAL CONCEPT:

Overview

Currently

Future

Detail

"Confidence is a cult of belief, if you can change your body, you can change your life.

- Poor Little Rich Slum, by Rashmi Bansai & Deepak Gandhi"
SPORTS CENTRE PROGRAM

GROUND FLOOR
1. Gym: 200 sqm
2. Toilets
3. Changing rooms
4. Workshop
5. Storage: 45 sqm
6. Mens' changing room: 30 sqm, 50 lockers, showers, 2 wc
7. Womens' changing room: 30 sqm, 50 lockers, showers, 2 wc

FIRST FLOOR
8. Class room: 40 sqm
9. Outdoor yoga/martial arts studio: 120 sqm
10. Mixed activity (table tennis, chess, etc.): 85 sqm

SECTION A-A: Climate response
Shading
Indirect lighting
Passive ventilation
Flooding

SECTION B-B: Public and private

CONSTRUCTION DETAIL:
Rat-trap bonding with hidden concrete columns.
Reference project:
Vy Gym
Symbiosis Designs
Abdoun, Ammam, Jordan
2008

Designer’s statement:
"The overriding sensory perception within Vy is that of invigoration. The halls at Vy were initially designed as social spaces that were then developed to accommodate sport events and not the other way around. The visual conversation within and between the halls took great consideration to ensure inspiring vantage points while visually panning during exercise."

Project status at 2013-05-30