Application of adaptive non-linear 2D and 3D postprocessing filters for reduced dose abdominal CT

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Application of adaptive nonlinear 2D and 3D post-processing filters for reduced dose abdominal CT

Abstract

**Background:** Abdominal computed tomography (CT) is a frequently performed imaging procedure, resulting in considerable radiation doses to the patient population. Post-processing filters are one of several dose reduction measures that might help to reduce radiation doses without loss of image quality.

**Purpose:** To assess and compare the effect of two and three-dimensional (2D, 3D) non-linear adaptive filters on reduced dose abdominal CT images.

**Material and Methods:** Two baseline abdominal CT image series with a volume computer tomography dose index (CTDIVO) of 12 mGy and 6 mGy were acquired for 12 patients. Reduced dose images were post-processed with 2D and 3D filters. Six radiologists performed blinded randomized, side-by-side image quality assessments. Objective noise was measured. Data were analyzed using visual grading regression and mixed linear models.

**Results:** All image quality criteria were rated as superior for 3D filtered images compared to reduced dose baseline and 2D filtered images (p<0.01). Standard dose images had better image quality than reduced dose 3D filtered images (p<0.01), but similar image noise. For patients with body mass index (BMI) < 30 kg/m² however, 3D filtered images were rated significantly better than normal dose images for two image criteria (p<0.05), while no significant difference was found for the remaining three image criteria (p>0.05). There were no significant variations of objective noise between standard dose and 2D or 3D filtered images.
Conclusions: The quality of 3D filtered reduced dose abdominal CT images is superior compared to reduced dose unfiltered and 2D filtered images. For patients with BMI < 30 kg/m², 3D filtered images are comparable to standard dose images.

Keywords:
Abdomen/GI, CT, Pancreas, Adults, Computer Applications, Radiation Safety
Concerns over a potential increase in the risk of radiation-induced carcinogenesis due to the increasing use of CT scanning have increased the interest of radiologists, medical imaging physicists and CT vendors in radiation dose reduction (1-3).

When examining organs or structures with low contrast lesions, such as the liver or pancreas, increased image noise in lower dose CT can adversely affect image quality and diagnostic confidence. Recently, some CT vendors have made available iterative reconstruction techniques to reduce noise in reduced dose CT images acquired on their higher end or latest equipment. Another way of reducing patient doses is through the application of image post-processing filters on lower dose CT, which reduces image noise to enable CT scanning with a lower dose without losing clinical information. Image post-processing filters can operate in an image plane (2D filters) or within a volume including the z-direction (3D filters). Prior studies have evaluated the use of 2D (4-6) or 3D (7,8) filters, but to the best of our knowledge, no direct comparisons of 2D and 3D filters for enabling radiation dose reduction have been published at the time of preparation of this manuscript. Therefore, the purpose of our study was to assess and compare the effects of 2D and 3D non-linear adaptive filters on reduced dose abdominal CT images.
Material and Methods

Patients

Our Medical Research Ethics Committee approved this prospective human study. Written informed consent was obtained from all 12 participating patients (10 female, two male, mean age 73.3 years ± 8.6 years; age range 62.0-90.0 years) and BMI was calculated. The study was performed between January 2010 and May 2010. The inclusion was in principle consecutive, but some selection was made to include six patients with a BMI ≤ 30 kg/m^2 and six patients with a BMI >30 kg/m^2, for later stratified filter performance analysis according to BMI. Out of 15 eligible patients meeting the inclusion criteria of the study, three patients declined to participate. The inclusion criteria were outpatient status, age above 60 years due to the reduced radiation sensitivity to the additional radiation burden of the study acquisitions compared to younger patients, ability to give written informed consent, referral for a standard contrast-enhanced abdominal CT, absence of known gross pathology in the pancreatic region, and absence of history of known contrast reactions.

Clinical indications for abdominal CT examinations were abdominal pain or metastatic work-up of a known malignancy.

Scanning Technique

All studies were performed according to an established research scanning protocol on a 16-channel multi-detector-row CT scanner (Philips 16-slice Mx8000IDT; Philips Medical Systems, Best, The Netherlands) scanner at Drammen Hospital, Norway. The participating patients were positioned in the scanner gantry isocenter for their standard of care abdominal portal venous phase CT scan. This was carried out with a scan delay of 60
seconds following administration of 100 ml of intravenous iodinated contrast medium (Iomeron 350; Bracco Imaging, Milan, Italy) injected at a rate of 4 ml/second.

After the acquisition of standard of care CT images, a second (12 mGy / 180 mAs, standard dose) and a third (6 mGy / 90 mAs, reduced dose) research image series were acquired in the pancreatic region over an identical scan length of 10 cm. Scanning in the pancreatic region ensured at least partial inclusion of the liver and pancreas to assess the effect of low radiation dose CT and image post-processing filters on low contrast structures of the abdomen. The scanning location for research series acquisitions was determined from the localizer radiograph (L.B., eight years of experience). No additional contrast medium was administered for acquisition of the two research image series.

The order of acquisition of 12 mGy and 6 mGy research image series was randomized to avoid bias from the differential phase of contrast enhancement or washout in the two acquisitions. The two image series were acquired after the standard of care abdominal CT (contrast delay of 60 seconds), at 81-86 seconds (earlier phase of contrast enhancement) and at 94-97 seconds (later phase) following injection of the contrast.

Except for the different mAs values, all remaining scanning parameters were kept constant at 120 kVp, helical acquisition mode at 0.938:1 pitch, 30 mm table feed per second, 0.75-second gantry rotation time and 16 x 1.5 mm detector geometry. For both research image series, 2 mm reconstructed section thickness images were obtained with a 1 mm intersection interval using a standard soft tissue reconstruction kernel (Standard C, Philips Medical Systems).

Automatic exposure control (AEC) techniques were not used for acquisition of research images as we wanted to assess 2D and 3D adaptive filters at fixed 50% tube current reduction, as described in prior studies with noise reduction filters and adaptive statistical
iterative reconstruction (ASiR, GE Healthcare, Waukesha, WI, USA) (4,9,10). Dose reduction or mA modulation with AEC is not linear at different specified reference levels, and depends on the patient size (or regional attenuation). Consequently, the use of AEC techniques would have provided a differential dose reduction (in smaller or average size patients) or an increment (in large size patients), thus we chose to use the fixed tube current to obtain a predictable dose reduction for our study.

Both research DICOM image series were de-identified and exported offline for post-processing of the reduced dose images with 2D and 3D adaptive non-linear filters (ContextVision Inc., Linköping, Sweden). After post-processing (see Appendix), all four image series (baseline standard and reduced dose image series, reduced dose 2D and 3D filtered image series, (Fig. 1) were imported into our picture archiving and communication system (PACS) (Carestream Health, ver. 5.2.1; Rochester, NY, USA) for image evaluation. In our study we chose a more aggressive 3D noise reduction for patients weighing more than 90 kg than for patients smaller than 90 kg, to match the higher noise level in the larger patients. These settings were selected based on preliminary image evaluation by the two co-authors (L.B. and Ö.S.) who did not take part in the formal image quality assessment of the 2D and 3D filters.
**Fig. 1** (a) Axial images of the upper abdomen, 180 mAs and CTDI$_{vol}$=12 mGy. (b) Axial images of the upper abdomen, 90 mAs and CTDI$_{vol}$=6 mGy. (c) Axial images of the upper abdomen, 2D filtered 90 mAs CTDI$_{vol}$=6 mGy. (d) Axial images of the upper abdomen, 3D filtered 90 mAs CTDI$_{vol}$=6 mGy

**Subjective image quality**

Six experienced radiologists (two abdominal and four general radiologists, average experience of 12 years in reading abdominal CTs) performed a blinded randomized
assessment of the images on a DICOM-calibrated 3 megapixel PACS monitor. Image evaluation was performed with no constraints on interpretation time, window width or level settings or use of image zoom or pan functions. Before formal image evaluation, all radiologists were trained on different aspects of image grading using five pairs of image series.

Each radiologist independently performed a blinded side-by-side comparison of two image series at a time for a total of six comparisons in random order for each of the 12 patients (n = six comparisons × 12 patients × six radiologists = 432 total comparisons): reduced dose 3D filtered vs. standard dose baseline, reduced dose 3D filtered vs. reduced dose 2D filtered, reduced dose 3D filtered vs. reduced dose baseline, reduced dose 2D filtered vs. standard dose baseline, reduced dose 2D filtered vs. reduced dose baseline, and standard dose baseline vs. reduced dose baseline images.

All radiologists evaluated five criteria, including delineation of pancreatic contours in relation to surrounding intra-abdominal fat, stomach, duodenum and neighboring veins; delineation of intrahepatic portal and hepatic veins; delineation of the common bile duct; subjective image noise; and overall diagnostic acceptability. Overall diagnostic acceptability was defined as the quality of normal anatomy reproduction and suspected ability to visualize pathology. Each criterion was rated on a five point scale (−2: left side images certainly better than right side images, −1: left side images probably better than right side images, 0: image stacks equivalent, +1: right side images probably better than left side images and +2: right side images certainly better than left side images). To enhance blinded randomization for image evaluation, the order of the image series displayed on the right and left sides was also randomized.
**Objective Image Quality**

CT numbers (Hounsfield value (HU)) and objective noise in terms of standard deviation (SD) of the HU were measured with two uniform circular regions of interest (ROIs) with a diameter of 10-20 mm for the abdominal aortic lumen and 20-30 mm in a homogeneous part of the right hepatic lobe (L.B.).

Height and weight of all patients were measured prior to the CT examinations. We recorded the volume CTDI and Dose length Product (DLP) for both 90 and 180 mAs image series from the dose information page. Estimated effective doses for the two image series were determined using the International Commission for Radiation Protection (ICRP) 103 tissue weighting factors (11) and CT-expo v2.0 (12).

**Statistical Analysis**

Subjective image quality was analyzed using visual grading regression (ordinal logistic regression), which is suitable for the ordinal scoring system (13). Visual grading regression allows for simultaneous evaluation of effects and interactions of different independent variables, such as imaging equipment, types of post-processing techniques, variations in patient size and contrast enhancement phases as well as differences between patients and between observers. In our statistical model, subjective image quality scores for the reduced dose 3D-filtered images were compared to each of the other image series. Objective image quality parameters were assessed using a mixed linear model with type of image (exposure and filtering) and contrast enhanced phase as two fixed effects, and patient identity as a random effect. Pair-wise comparisons between types of images were made with the Tukey HSD test. Computations were performed with JMP 9.0.0 (SAS, Cary, NC, USA).
Results

The mean BMI of the 12 patients included in our study was 27.7 kg/m$^2$ (standard deviation, SD= 5.9; range = 17.8 - 36.6 kg/m$^2$).

Objective Image quality

Objective image quality metrics, mean HU-number and their SD in the liver and abdominal aorta are summarized in Table 1. The image noise expressed as SD of the HU-number in the aorta and the liver was significantly lower in the 3D filtered images than in the unfiltered reduced dose images, but no significant differences were seen between 2D and 3D filtered images or between any filtered reduced dose images and normal dose images. When analyzing normal dose and 50% reduced tube current images according to contrast phase, there was no significant difference in image noise between the early and delayed phase. When the analysis was restricted to the subpopulation defined by BMI above 30 kg/m$^2$, the same pattern was found, except that the image noise in the aorta was now significantly higher in 2D filtered than in normal dose images. For patients with BMI below 30 kg/m$^2$, however, both the 3D filtered and the 2D filtered reduced dose images had significantly lower noise than the normal dose images in the aorta, and the noise was significantly lower in 3D filtered than in 2D filtered images, whereas no significant difference was found in the liver between 2D filtered, 3D filtered or normal dose images.

As shown in Table 1, there were no significant changes in mean HU values in the aorta and liver parenchyma when comparing unfiltered, 2D filtered and 3D filtered images, while the mean HU in the liver parenchyma decreased significantly from the early to delayed contrast phase.
Table 1 Results of objective measurements analyzed with mixed linear model. Mean HU and mean noise (SD of the HU-number) ±1 SD. Dose levels and filtering methods are compared to the 3D-filtered reduced dose images; early contrast phase is compared to late contrast phase

<table>
<thead>
<tr>
<th>Image parameter</th>
<th>Normal dose</th>
<th>Reduced dose unfiltered</th>
<th>Reduced dose 2D-filtered</th>
<th>Reduced dose 3D-filtered</th>
<th>Early contrast phase</th>
<th>Late contrast phase</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean HU number in aorta</td>
<td>117.1±16.1*</td>
<td>119.8±15.4°</td>
<td>119.9±15.1°</td>
<td>121.0±15.3</td>
<td>120.6±17.7°</td>
<td>118.2±12.2</td>
</tr>
<tr>
<td>SD of HU number in aorta</td>
<td>35.0±12.9°</td>
<td>50.2±20.4°</td>
<td>39.4±20.7°</td>
<td>35.8±17.9</td>
<td>40.3±21.3°</td>
<td>39.9±16.1</td>
</tr>
<tr>
<td>Mean HU number in liver</td>
<td>96.5±17.7°</td>
<td>96.9±17.5°</td>
<td>96.8±16.9°</td>
<td>97.0±17.2</td>
<td>97.7±19.3°</td>
<td>95.9±14.1</td>
</tr>
<tr>
<td>SD of HU number in liver</td>
<td>25.6±9.8°</td>
<td>39.1±18.5°</td>
<td>28.5±17.2°</td>
<td>26.1±15.6</td>
<td>29.4±18.2°</td>
<td>30.2±14.1</td>
</tr>
</tbody>
</table>

*) p<0.05; °) not significant

Radiation doses

The CTDI$_{vol}$ and DLP for the standard and reduced dose image series were 12 mGy, 169 mGy.cm and 6 mGy, 85 mGy.cm, respectively. Corresponding estimated effective doses for these extra image series (average for male and female, standard sized human phantoms) were 3.2 mSv and 1.7 mSv.

Subjective image quality

Subjective image quality data from the pair wise evaluation of all six readers are summarized in Fig. 2a-e. Overall analysis showed significant differences between image noise, overall diagnostic acceptability and delineation of the pancreas, hepatic veins and common bile duct in baseline standard and reduced dose images (p<0.001). All these parameters were also rated as significantly superior in 2D and 3D filtered reduced dose images as compared to the baseline reduced dose images (p<0.001). Compared to the 3D filtered (Table 2) reduced dose
CT images, 2D filtered reduced dose images had higher subjective noise and lower diagnostic acceptability ($p<0.001$) in addition to inferior delineation of the pancreas, hepatic veins and common bile duct ($p<0.001$, $p<0.001$ and $p<0.01$, respectively). Subjective image noise did not differ significantly between baseline standard dose and 3D filtered reduced dose images ($p>0.05$), but there were differences in the delineation of the pancreas, hepatic veins and common bile duct, which were all significantly better in the standard dose images ($p<0.001$, $p<0.001$ and $p<0.01$, respectively).

BMI-stratified analysis (Tables 3 and 4) revealed no significant difference between delineation of the hepatic veins, pancreas and diagnostic acceptability in 3D filtered reduced dose images and standard dose baseline images ($p>0.05$) in patients with BMI below 30 kg/m$^2$. In these subjects, subjective image noise and delineation of the common bile duct in 3D filtered reduced dose images were deemed to be superior to the standard dose baseline images ($p<0.05$ and $p<0.001$, respectively). In patients with BMI above 30 kg/m$^2$, on the other hand, 3D filtered reduced dose images were deemed inferior to baseline standard dose images for all image quality parameters. Both the reduced dose unfiltered and 2D filtered reduced dose images were deemed inferior to the standard dose baseline images, regardless of patient size.

No significant differences were noted between the early and delayed phase CT image series for any of the subjective image quality metrics ($p>0.05$), except for delineation of the hepatic veins, which was rated as significantly better in early phase images as compared to the delayed phase images ($p<0.01$) (Fig 2b).
**Fig. 2** Results from the subjective image quality evaluation for the five image quality criteria. The columns show the percentage of score alternatives assigned to the image series in question. Score 2 indicates that the image series in question was scored as definitely superior to the alternative, score 1 that it was rated as probably superior to the alternative, score 0 that the alternatives were rated as equivalent, score -1 that the image series was rated as probably inferior to the alternative, and score -2 that it was rated as definitely inferior to the alternative.

**Fig 2a** Favorable vs. unfavorable scores for image quality criterion 1: Delineation of pancreas.
Fig 2b Favorable vs. unfavorable scores for image quality criterion 2: Delineation of veins in liver.

Fig 2c Favorable vs. unfavorable scores for image quality criterion 3: Delineation of the common bile duct.
**Fig 2d** Favorable vs. unfavorable scores for image quality criterion 4: Image noise.

**Fig 2e** Favorable vs. unfavorable scores for image quality criterion 5: Overall diagnostic acceptability.
Table 2 Results of subjective image quality evaluation of all patients, analyzed by Visual Grading Regression. Positive values denote the increased probability of higher scoring values compared to the 3D-filtered reduced dose images (for the first three columns) or compared to the late contrast phase (for the last column)

<table>
<thead>
<tr>
<th>Image quality criterion</th>
<th>Normal dose</th>
<th>Reduced dose unfiltered</th>
<th>Reduced dose 2D-filtered</th>
<th>Early contrast phase</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Delineation of pancreas</td>
<td>0.785***</td>
<td>−3.284***</td>
<td>−0.487**</td>
<td>−0.011°</td>
</tr>
<tr>
<td>2: Delineation of veins in liver</td>
<td>0.725***</td>
<td>−3.325***</td>
<td>−0.980***</td>
<td>0.583***</td>
</tr>
<tr>
<td>3: Delineation of the common bile duct</td>
<td>0.595**</td>
<td>−2.714***</td>
<td>−0.532**</td>
<td>−0.051°</td>
</tr>
<tr>
<td>4: Image noise</td>
<td>−0.136°</td>
<td>−4.905***</td>
<td>−1.244***</td>
<td>0.204°</td>
</tr>
<tr>
<td>5: Overall diagnostic acceptability</td>
<td>0.784***</td>
<td>−3.607***</td>
<td>−0.860***</td>
<td>0.193°</td>
</tr>
</tbody>
</table>

*) $p<0.05$; **) $p<0.01$; ***) $p<0.001$; °) not significant
Table 3 Results of subjective image quality evaluation of patients with BMI < 30 kg/m², analyzed by Visual Grading Regression. Positive values denote increased probability of higher scoring values compared to the 3D-filtered reduced dose images (for the first three columns) or compared to the late contrast phase (for the last column)

<table>
<thead>
<tr>
<th>Image quality criterion</th>
<th>Normal dose</th>
<th>Reduced dose unfiltered</th>
<th>Reduced dose 2D-filtered</th>
<th>Early contrast phase</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Delineation of pancreas</td>
<td>0.485°</td>
<td>– 3.411***</td>
<td>– 0.016°</td>
<td>– 0.042°</td>
</tr>
<tr>
<td>2: Delineation of veins in liver</td>
<td>0.327°</td>
<td>– 3.678***</td>
<td>– 0.720**</td>
<td>0.832***</td>
</tr>
<tr>
<td>3: Delineation of the common bile duct</td>
<td>– 0.574*</td>
<td>– 3.235***</td>
<td>– 0.626*</td>
<td>0.111°</td>
</tr>
<tr>
<td>4: Image noise</td>
<td>– 1.297***</td>
<td>– 7.022***</td>
<td>– 1.495***</td>
<td>0.654**</td>
</tr>
<tr>
<td>5: Overall diagnostic acceptability</td>
<td>– 0.000°</td>
<td>– 4.263***</td>
<td>– 0.768**</td>
<td>0.486*</td>
</tr>
</tbody>
</table>

*) p<0.05; **) p<0.01; ***) p<0.001; °) not significant
Table 4 Results of subjective image quality evaluation of patients with BMI > 30 kg/m², analyzed by Visual Grading Regression. Positive values denote increased probability of higher scoring values compared to the 3D-filtered reduced dose images (for the first three columns) or compared to the late contrast phase (for the last column).

<table>
<thead>
<tr>
<th>Image quality criterion</th>
<th>Normal dose unfiltered</th>
<th>Reduced dose 2D-filtered</th>
<th>Reduced dose 2D-filtered</th>
<th>Early contrast phase</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Delineation of pancreas</td>
<td>1.397***</td>
<td>–3.651***</td>
<td>–1.073**</td>
<td>0.122*</td>
</tr>
<tr>
<td>2: Delineation of veins in liver</td>
<td>1.392***</td>
<td>–3.595***</td>
<td>–1.544***</td>
<td>0.413*</td>
</tr>
<tr>
<td>3: Delineation of the common bile duct</td>
<td>2.438***</td>
<td>–3.352***</td>
<td>–0.788**</td>
<td>–0.098*</td>
</tr>
<tr>
<td>4: Image noise</td>
<td>1.038***</td>
<td>–4.602***</td>
<td>–1.545***</td>
<td>–0.047*</td>
</tr>
<tr>
<td>5: Overall diagnostic acceptability</td>
<td>1.972***</td>
<td>–3.994***</td>
<td>–1.346***</td>
<td>0.079*</td>
</tr>
</tbody>
</table>

*) p<0.05; **) p<0.01; ***) p<0.001; °) not significant

Discussion

Our study shows that in non-obese patients, 3D adaptive filters can allow radiation doses down to 6 mGy for upper abdominal CT while retaining acceptable image noise and diagnostic acceptability. Compared to baseline 12 mGy images, in obese patients, images acquired with 50% reduction of the tube current are not acceptable with application of either 2D or 3D adaptive filters. Thus, it seems to be more difficult to compensate for a dose reduction in obese patients, where the original image quality tends to be poorer, than in non-obese patients.

With few exceptions (7,14), earlier publications about filter effects on abdominal CT have been based on evaluating images in a randomized but not pair wise manner (5,8;15-17). We
believe that a relative and simultaneous comparison of two image series, rather than an absolute evaluation of one image series at a time, is a more sensitive method to detect subtle image quality differences.

When imaging the pancreas region, thin slices are preferable. In our study, image evaluation was based on a slice thickness of 2 mm with a 1 mm interval. Except for a few publications (8,18), most other works on abdominal CT and filter effects have been based on thicker slices (5,7,14-17).

Keeping HU values unchanged through the filtering process is an important issue, since absolute HU values are measured to evaluate, for instance, fluid collection and contrast enhancement. There were no significant changes in mean HU values in the aorta and liver parenchyma after 2D and 3D filtering. The significant decrease in mean HU of the liver parenchyma from the early to late contrast phase was due to contrast washout.

Image noise is inversely related to the square root of the current time product. Even though the study patients varied in BMI, this effect was demonstrated in the mean SD of the HU values of the aorta, where the SD was 50.2 HU for 90 mAs unfiltered images and 35.8 HU for the images acquired with a double dose of 180 mAs (50.2 x 1/√2=35.5).

In general, our results are consistent with previously published phantom and patient studies, with non-linear 2D or 3D filters, on noise and radiation dose reduction for abdominal CT (5,7,8,14,16,19,20). For example, Rizzo et al. (7) documented successful use of 3D filters to improve image noise while retaining lesion conspicuity and image contrast in abdominal CT examinations, albeit at much higher mAs of 120 or 160 mAs than used in our study. Wessling et al. (8) also reported the potential for a 50% dose reduction for liver lesion evaluation with application of their projection space 3D noise reduction filter on abdominal CT.
Normal dose images were deemed significantly superior to 2D filtered images according to subjective image quality. Our findings are consistent with the work of Kalra et al., who documented a loss of image contrast and lesion conspicuity with application of DICOM image-based 2D noise reduction filters to 50% reduced dose abdominal CT (14). Some recent CT radiation dose reduction studies using hybrid iterative reconstruction techniques have demonstrated up to 50-75% dose reduction for abdominal examinations (9). While these iterative reconstruction techniques promise higher dose reduction compared to noise reduction filters such as the one used in our study, it is important to note that most iterative reconstruction techniques are quite expensive and are only available with the most advanced multi-detector-row CTs. In contrast, noise reduction filters involve lower costs and can be applied to less sophisticated CT scanners with 16 detectors or less, which is the type of CT equipment most commonly used at most facilities. Therefore, we believe that until such time that iterative reconstruction techniques can be applied to older, low-end CT scanners, noise reduction filters can be used to reduce image noise in reduced dose CT images in selected patients.

Our study has some limitations. The study is based on a sample size of only 12 patients. This small number was mainly due to the ethical considerations of exposing patients to additional radiation doses, and is to some extent compensated by using six observers, compared to one to three readers in most earlier studies (4,5,7,14,16,18,21,22). As described above, the chosen sample size was clearly adequate for obtaining significant results for most of the criteria evaluated in our study. Also, when evaluating image quality based on normal anatomy, the inter-patient variation mostly lies in the patient size, which should be covered in our study (BMI ranging from 17.8 – 36.6 kg/m²). However, a larger sample size in terms of more patients would be important for further studies on lesion evaluation.
Objective image noise was evaluated in terms of the SD of the CT-number within a ROI. However, noise properties (such as noise frequency and amplitude) and how they influence the image quality can vary between two differently post-processed image series that have an identical SD of the CT-number within a given ROI. The finding of a significant difference in perceived noise between 3D and 2D filtered images in the qualitative image assessment, but not in the quantitative assessment, could be due to such issues and to image texture differences. Otherwise, qualitative and quantitative noise scoring correlated in our study, indicating that the SD alone can be a valid indicator of noise and thus filter performance.

Another limitation of our study is lack of lesion detection or evaluation. Given the small sample size of our study and the limited 10 cm scan length, we did not expect to find a sufficient number of lesions for evaluation of pathology. The visualization of normal anatomic structures at CT is an established image quality indicator, for instance in the European Union image quality criteria (23), and we believe that our study yields valid preliminary information about the potential clinical value of the post processing filters. In conclusion, the quality of 3D filtered reduced dose abdominal CT images is superior, compared to reduced dose unfiltered and 2D filtered images. For patients with BMI ≤ 30 kg/m², 3D filtered 50% reduced dose images are comparable to standard dose images.
Declaration of interest:

L.B. received research funding from the Norwegian Radiological Society. I.W.H. and C.F. are employees of ContextVision Inc., Linkoping, Sweden. M.K. has received research grants from the Radiological Society of North America and GE Healthcare. The remaining authors, Ö.S., M.S. and F.L. have no pertinent disclosures and had complete access to the study data and the manuscript.
References


Appendix

The 3D non-linear adaptive enhancement filter (Contextvision AB, Linköping, Sweden) used in our study is based on the GOP® technology of Contextvision, which uses a hierarchical approach to identify image features at different abstraction levels (25). Each pixel is analyzed in relation to its surroundings by local features that are estimated by using a set of filters (Fig. 3). The technique estimates a number of simple, complex and hyper-complex context features. The compiled set of these features forms the contextual information for every location in the image. This information is used to generate a specific filter which adapts to the image signal in every location and individually optimizes each enhanced voxel (volume element). In the CT volumes, the enhancement filter adapts and reduces the amount of noise, giving an increase in the SNR. It preserves the mean HU numbers for each region. With the 3D filter, structures oriented in all directions in space are enhanced according to their natural orientation in the 3D space (x, y and z-axes), compared to the 2D filtering which only works with structures in the 2D plane (in the x and y axes but not in the z-direction). The 3D filter uses the same filter design as the established 2D enhancement. At the time of writing of this manuscript, the 2D filter is a commercially available product (GOPView® CT, ContextVision, Inc) but the 3D filter technology still remains a work in progress.
Fig. 3: Principle of adaptive filtering. Each pixel neighborhood is described by computing features such as local orientation, local variance or local phase. Several versions of smoothed or sharpened images are constructed. These versions are combined in each pixel, according to the local features and parameter settings that can be chosen by a competent user in a tuning phase (24).