

MARYAM DE BRUN was born in Herat, Afghanistan, and moved to Sweden in 2000. She received her medical degree at Örebro University in 2017 and started her residency in obstetrics and gynaecology at Örebro University Hospital in 2019, and is currently working at Västerås Central Hospital. She has been registered as a PhD student at Örebro University since 2018. This research was performed with the supervision of Associate Professor Helena Backman and Professor David Simmons.

Hyperglycaemia during pregnancy or gestational diabetes (GDM) is one of the most common complications of pregnancy. GDM is associated with several long-term and short-term consequences for both the mother and child, which can be prevented with treatment. In 2013, the World Health Organisation recommended diagnostic criteria for gestational diabetes mellitus (GDM) identifying women with milder GDM. These criteria for GDM remains controversial due to an expected increase in prevalence, and the uncertainty as to the clinical relevance of treating these additional women and its cost-effectiveness. The aim of the thesis was to evaluate these challenges of screening and deciding diagnostic criteria for gestational diabetes in Sweden. The effect of these new GDM criteria on screening methods, prevalence, maternal and neonatal outcomes, resource use and costs are presented and discussed in this thesis.

Hyperglycaemia during pregnancy

MARYAM DE BRUN



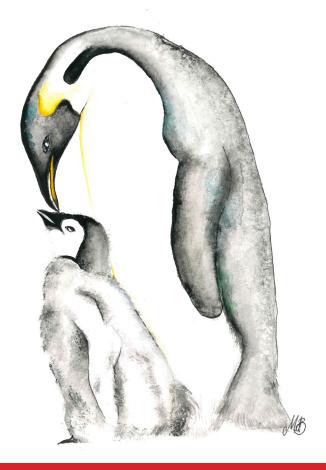


**Doctoral Dissertation** 

## Hyperglycaemia during pregnancy

The challenge of screening and deciding diagnostic criteria for gestational diabetes in Sweden

MARYAM DE BRUN Medical Science with a specialisation in Medicine



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