Imaging Fluorescence Blinking of a Mitochondrial Localization Probe: Cellular Localization Probes Turned into Multifunctional Sensors

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ABSTRACT: Mitochondrial membranes and their microenvironments directly influence and reflect cellular metabolic states but are difficult to probe on site in live cells. Here, we demonstrate a strategy, showing how the widely used mitochondrial membrane localization fluorophore 10-nonyl acridine orange (NAO) can be transformed into a multifunctional probe of membrane microenvironments by monitoring its blinking kinetics. By transient state (TRAST) studies of NAO in small unilamellar vesicles (SUVs), together with computational simulations, we found that NAO exhibits prominent reversible singlet–triplet state transitions and can act as a light-induced Lewis acid forming a red-emissive doublet radical. The resulting blinking kinetics are highly environment-sensitive, specifically reflecting local membrane oxygen concentrations, redox conditions, membrane charge, fluidity, and lipid compositions. Here, not only cardiolipin concentration but also the cardiolipin acyl chain composition was found to strongly influence the NAO blinking kinetics. The blinking kinetics also reflect hydroxyl ion-dependent transitions to and from the fluorophore doublet radical, closely coupled to the proton-transfer events in the membranes, local pH, and two- and three-dimensional buffering properties on and above the membranes. Following the SUV studies, we show by TRAST imaging that the fluorescence blinking properties of NAO can be imaged in live cells in a spatially resolved manner. Generally, the demonstrated blinking imaging strategy can transform existing fluorophore markers into multiparametric sensors reflecting conditions of large biological relevance, which are difficult to retrieve by other means. This opens additional possibilities for fundamental membrane studies in lipid vesicles and live cells.

INTRODUCTION

Local conditions in cellular membranes modulate functions of membrane proteins and thereby largely determine cellular physiology on the whole. Proteins located in the inner mitochondrial membranes (IMMs) mediate a major part of the cellular metabolism and a multitude of other functions, including cellular apoptosis, production of reactive oxygen species (ROS), cellular signaling, and Ca²⁺ buffering. Here, also the IMMs themselves have a crucial modulating role and exhibit features and functions that set them apart from other cellular membranes. Particularly, the lipid composition of IMMs is different, in that they contain mainly phospholipids and a high content of the phospholipid cardiolipin (CL).

CL consists of a polar head group with two negative charges and four unsaturated acyl chains. CL has a critical role in the structure and stability of membranes involved in oxidative phosphorylation (OXPHOS) and is preferentially localized in membrane leaflets with high concave curvatures, in the cristae of the CL-rich IMMs, and in cell poles and dividing septa of bacterial membranes. At these membrane locations, CL interacts with many of the OXPHOS protein complexes and has been proposed to facilitate proton transfer between these proteins and along the membrane itself, thereby contributing to the overall OXPHOS efficiency. Alterations in CL are the main cause of mitochondrial defects, in turn underlying several pathologies, including neurodegeneration, cancer, diabetes, and cardiomyopathies.

To understand the fundamental biology and pathophysiology of mitochondria, and the CL- and lipid-mediated effects involved, effective methods for the detection and quantification of CL and mitochondrial membranes are needed. Quantitative profiling of the lipidomics of the mitochondria and bacteria is
possible with high-resolution mass spectrometry but requires sophisticated instrumentation and cannot be done on intact, live cells. Moreover, only a limited scope of local dynamical and environmental information about the membranes can be provided. Fluorescence-based analyses require less complicated instrumentation, are compatible with live cell studies, and can yield dynamical and environmental information with high sensitivity and specificity. However, such analyses rely on fluorescent probes specific for the mitochondrial membranes or CL, which at the same time preferentially should provide local environmental and dynamical information.

While there exist many mitochondrial localization probes, they rarely offer sensing capabilities of local, biologically relevant membrane conditions. The cationic dye 10-nonyl acridine orange (NAO) has since long been used for CL detection and mitochondria staining and is essentially the only commercially available dye for CL detection. NAO binds to anionic phospholipids, and with a specifically high affinity for CL, attributed to electrostatic interactions and hydrophobic interaction between adjacent CL fluorophores when bound to the two phosphate residues of CL. NAO emits in the green (525 nm) when present in membranes as monomers but yields a characteristic red (640 nm) excimer fluorescence when associated with CL-rich membranes as π−π-stacked dimers. This CL quantification is however complicated by the fact that the red NAO emission requires a relatively narrow concentration range of NAO itself, around a NAO/CL molar ratio of 2:1, for reliable dimer formation. With lower NAO concentrations, formation of red-emitting dimers is limited, and with higher concentrations follows fluorescence self-quenching. The relatively high NAO concentrations required for dimer formation may also interfere with the membrane properties and with mitochondrial function. Apart from quantification of CL, with its limitations, and the mere localization of CL offered by NAO, little information about the local environment in the labeled membranes can be obtained.

To overcome these restrictions, we investigated the dark-state transition kinetics of NAO, as a readout of local environmental conditions in membranes of lipid vesicles and live cells, at concentrations where no NAO dimers are formed. Blinking behavior of fluorophores, as monitored by fluorescence correlation spectroscopy (FCS), has been shown to reveal their underlying triplet state, photoisomerization, and redox state transitions. These transitions can in turn sensitively reflect local environmental parameters around the fluorophores, such as oxygen concentration, viscosity, or redox conditions. Similarly, by analyzing the blinking of individual pH-sensitive fluorophores by FCS, as protons bind and dissociate from the fluorophores, it is possible to study local proton-exchange dynamics on biological membranes, how they can serve as proton collecting antennas, and thereby obtain a better understanding of their role in OXPHOS proton transport. However, FCS measurements rely on single-molecule detection conditions and on a high time resolution of the fluorescence detection. The use of FCS as a blinking readout is thus limited to bright, photostable fluorophores and to samples where single-molecule signal-to-background conditions can be achieved. By transient state (TRAST) monitoring, these limitations of FCS can be overcome. TRAST determines the blinking kinetics of fluorescent molecules from how their time-averaged fluorescence intensity varies with the modulation of the laser excitation intensity. Like FCS, it combines a high detection sensitivity offered by the fluorescence signal, with a high environmental sensitivity, offered by the long-lived dark transient states. However, TRAST does not rely on single-molecule detection conditions and allows studies based on dim, autofluorescent compounds and also in living cells. On the other side, only photoinduced dark-state transitions can be analyzed by TRAST, which excludes the use of most pH-sensitive fluorophores for proton-exchange studies under relevant biological conditions.

In this work, we studied NAO by TRAST, implemented into a standard wide-field microscope. From the TRAST measurements, supported by computational simulations, we found that NAO exhibits prominent singlet–triplet state transitions and acts as a light-induced Lewis acid. Following triplet state formation, NAO can form weakly bonded complexes with hydroxyl ions, in turn leading to formation of charge-transfer complexes [1NAO•OH*], which upon dissociation leads to the formation of a red-emissive doublet radical. The reversible transitions to and from the triplet and doublet radical states of NAO, clearly observed by TRAST imaging, were found to reflect local oxygen concentrations, redox conditions, presence of radicals, the charge of membrane lipid head groups, and the molar ratio of CL in the membranes. Notably, they could also reflect pH and buffer capacity, which are normally not captured by photoinduced dark-state transitions analyzed in TRAST. These parameters are all important for OXPHOS in IMMs and bacterial membranes. This study suggests an extended use of NAO, not only as a localization probe but also as a multiparametric sensing probe for cellular and membrane studies. More generally, with the presented strategy, imaging fluorescence blinking in cells and membranes, a large group of already existing fluorophore localization probes can be turned into sensors of local membrane environments.

### METHODS

**TRAST Spectroscopy.** In TRAST measurements, fluorophore blinking kinetics are determined by recording the average fluorescence intensity from an ensemble of fluorophores subject to modulated excitation. With the excitation modulation systematically varied on the time scales of the fluorophore dark-state kinetics, rapid blinking kinetics can be quantified without the need for time-resolved detection. This enables wide-field cellular imaging of μs blinking kinetics, using a regular camera and exposure times of seconds.

To calculate the recorded fluorescence intensity in the TRAST experiments, we used the photophysical model for NAO with two states emissive upon excitation, the singlet state 1NAO• and the doublet radical state 2NAO•, and with the other states in the model (the triplet state, 3NAO•, and the bleached state, B) nonluminescent, see the Results section. For a homogeneous solution sample, and from the rate equations of a NAO fluorophore subject to a rectangular excitation pulse starting at t = 0 (Supporting Information, Section S1 and eqs S1–S6), the fluorescence signal recorded in our experimental setup can be described by

\[
F(t) = c \cdot q_F \cdot \int_V \left( \Phi_1(r)^* \cdot \Phi_2(r) \cdot \int_V \left( \sum_{\sigma} \langle |^{1} \text{NAO}^*| (r, t + \sigma) \cdot \text{Q} \cdot |^{2} \text{NAO}^*| (r, t) \rangle \right) \right) dV
\]

Here, \(|^{1} \text{NAO}^*\rangle\) and \(|^{2} \text{NAO}^*\rangle\) denote the probabilities that each of these emissive states (in either their ground or excited
Spatial distribution of excitation rates, calculation of average rates, see the Supporting Information, Section S2.

Preparation of lipid vesicles, see the Supporting Information, Section S3.

Cell preparation, see the Supporting Information, Section S4.

**Experimental Setup for TRAST Measurements.**
TRAST measurements were carried out on a home-built TRAST setup (Figure 1A), as previously described, see the Supporting Information, Section S5.

![Image](https://example.com/image.png)

**Figure 1.** Schematic representation of the wide-field TRAST experiments. (A) An excitation laser is modulated by an acousto-optic modulator (AOM) to produce low-duty cycle, rectangular excitation pulse trains with different pulse durations, \( w \). The time-averaged fluorescence signal from the sample is detected by two scientific complementary metal oxide semiconductor (sCMOS) cameras in two different emission wavelength ranges (green and red). Wide-field images (B) are acquired using excitation pulse trains with different pulse durations (only images from the red channel shown). TRAST curves can then be obtained (C) showing how the normalized, detected time-averaged fluorescence intensity, \( \langle F_{\text{exc}}(w) \rangle_{\text{norm}} \) recorded in a specific region of interest (ROI) of the sample varies with \( w \). These curves reflect how the fluorescence intensity changes after the onset of an excitation pulse and allow the determination of the dark-state transitions within the fluorophores of the sample (see the Methods section for details).

TRAST data analysis was based on a software implemented in Matlab, as previously described, see the Supporting Information, Section S6.

TRAST images of cells, see the Supporting Information, Section S7.

Fluorescence lifetime measurements, see the Supporting Information, Section S8.
RESULTS

TRAST Measurements of the NAO-Labeled POPC Vesicle—Formation of a Red-Emissive Species and Effects of Oxygenation, Excitation Intensity, and pH.

Small unilamellar vesicles (SUVs) of POPC labeled with NAO were prepared in dye concentrations where the dye does not form dimers, as described (see the Methods section). Although NAO prefers binding to anionic phospholipids, and with a specifically high affinity for CL, NAO can also bind to other lipid membranes via the nonyl chain of NAO. Compared to NAO in Dulbecco’s phosphate-buffered saline (DPBS) buffer, the fluorescence intensity of NAO significantly increases when vesicles are present (Figure S1). The SUVs were subject to TRAST measurements with 488 nm excitation and with the fluorescence recorded in two separate spectral channels, centered in the green (530 nm) and red (670 nm) spectral range, using two sCMOS cameras (Figure 1).

In the TRAST measurements, the average fluorescence intensity from the SUVs was recorded upon excitation with different, low-duty cycle, rectangular excitation pulse trains. The recorded intensities, \( F_{exc}(w) \), were then plotted as a function of the duration, \( w \), of the excitation pulses, in so-called TRAST curves (see the Methods section for details). Representative TRAST curves obtained from POPC SUVs labeled with NAO and recorded in different emission wavelength ranges are shown in Figure 2A. While all curves decay in the microsecond time range, representing fluorescence decay due to triplet state (T1) build-up, the red curve shows an increase in the time range of 10–100 ms, not seen in the green TRAST curve. This indicates that following the onset of excitation, a red-emissive state is formed in NAO on this time scale. To elucidate the identity and formation mechanisms of this red-emissive state, we hereinafter focused our TRAST experiments on the red emission range of the NAO fluorescence. That the observed decay in the TRAST curves of Figure 2A indeed can be attributed to triplet state build-up was further supported by TRAST curves recorded at different oxygen concentrations \([\text{O}_2]\) (air, pure nitrogen, and pure oxygen). Oxygen is a potent triplet state quencher, and the recorded TRAST curves are well in agreement with the higher triplet state population and slower relaxation previously found in FCS and TRAST measurements for organic fluorophores at low \([\text{O}_2]\). We then recorded TRAST curves with different excitation intensities, \( I_{exc} \), onto the sample (Figure 2C), confirming that both the triplet state of NAO and its red-emissive state are photoinduced and that both populations increase with higher \( I_{exc} \). Moreover, in the TRAST curves recorded at high \([\text{O}_2]\) (Figure 2B), when the triplet state population is suppressed, the increase due to the red-emissive state is also very small, suggesting that this state is primarily...
formed from the $T_1$ state. Further, variation of pH showed that the formation of the red-emissive state is highly pH-dependent and that its formation is favored under high pH (Figure 2D). Given the pH and $I_{exc}$ dependence found in the TRAST experiments, we performed fluorescence lifetime measurements on the same NAO samples under different pH and $I_{exc}$. The fluorescence decay could be fitted as a biexponential decay, with two lifetimes of 1.6 and 4.6 ns, where the relative fraction of the longer lifetime increased with both $I_{exc}$ and pH (Figure S2). This gives further evidence for an excitation-induced, red-emissive species, promoted at higher pH, and with an excited state lifetime of 4.6 ns. From spectrallyfluorometer measurements, this red-emissive species is barely noticeable, as a slight redshift of the emission spectrum at higher pH (Figure S3). However, since the red-emissive species is excitation-induced and since the excitation intensity used in a regular spectrallyfluorometer is low, as compared to the $I_{exc}$ used in the TRAST and fluorescence lifetime measurements (see the Methods section), such a minor contribution of a red-shifted emission is to be expected.

Similar to the TRAST curves recorded from the NAO-labeled SUVs in this study, a pH- and excitation-dependent rise process has previously been found in TRAST curves recorded from free trytophan (Trp) in low-pH buffer solutions and also in FCS studies of fluorescent photacids under single-molecule detection conditions. This rise process can be attributed to a higher $pK_a$ of the ground singlet state ($S_0$) than the excited singlet state ($S_1$) of the fluorescent molecules studied. In TRAST curves recorded from Trp at a low pH, lower than the $pK_a$ of the $S_0$ state, but still higher than that of the $S_1$ state, Trp can upon excitation be deprotonated. Since the deprotonated form of Trp shows a stronger fluorescence than the protonated form, the onset of excitation drives Trp into a more fluorescent form, and a rise in the overall fluorescence can be observed in the TRAST curves with increasing $w$. We investigated the dye Acridine Orange (AO), which is similar to NAO except for the $n$-nonyl group and which is known to be a stronger base in the $S_0$ state ($pK_a = 13.3$) than in the $T_1$ and $S_0$ states ($pK_a = 10.3$ and 10.2, respectively). TRAST curves recorded from AO at 488 nm excitation confirm that AO can act as a photobase and that excitation at a pH between 10 and 13 can drive AO into a protonated, more fluorescent state (Figure S4). In contrast to NAO, however, no rise was found in the TRAST curves recorded from AO at physiological pH ($\sim$7.4), indicating that its protonation state was not influenced by excitation at this pH. Moreover, the site of proton exchange in AO is the intracyclic nitrogen atom, which in NAO is substituted by the $n$-nonyl group. The nitrogen is thus not available as a protonatable group in NAO. Together with the finding that pH titration of NAO does not show any $pK_a$ in the range of pH 2.2 to 10, further indicates that the rise in the TRAST curves recorded from AO and NAO have different origins. The absence of evidence for NAO acting as a photobase or photacid, based on shifts in its $pK_a$ upon excitation, led us to consider if NAO can act as an electron pair acceptor, a so-called Lewis acid. For certain organic molecules, Lewis acidity can be enhanced by photoexcitation. For NAO, the correlation between triplet state and red-emissive state formation suggests an increased capability to accept an electron pair after excitation and intersystem crossing into its triplet state. The pH dependence of the red-emissive species indicates that the formation of this species is promoted by OH$^-$ ions binding to cationic NAO in its triplet state, thereby acting as the corresponding Lewis base.

**Photophysical Model for NAO.** To add evidence and further investigate the prerequisites for NAO to act as a light-induced Lewis acid, computational modeling was performed (see the Supporting Information, Section S11 and Figure S5, for details). The computational calculations support the view that upon onset of excitation in the TRAST measurements and following $'NAO' \rightarrow \Phi NAO'$ intersystem crossing, side-track formation of a charge-transfer complex between $'NAO'$ and hydroxyl ions (OH$^-$), $[^3NAO^+ OH^-]$, can take place. Dissociation of this complex can then subsequently lead to the generation of doublet radicals, $^2NAO$. This $^2NAO$ species is responsible for a red-shifted emission, with a longer fluorescence lifetime component, as observed experimentally (Figure S2) and as predicted from rate parameter calculations. The computational calculations are also consistent with the observed increase in this component with higher $I_{exc}$ (Figure 2C).

Thus, based on the experimental data (Figure 2A--D), showing a population build-up of $'NAO'$ in its triplet state upon onset of excitation, a pH- and $I_{exc}$-dependent formation of a red-emissive species, and further supported by the computational simulations, we could set up a seven-state photophysical model for $'NAO'$ (Figure 3A). For numerical fitting of the experimental TRAST curves, this model could be simplified to a four-state model (Figure 3B). With both the singlet state, $'NAO'$, and the radical doublet state, $^2NAO$, set as emissive states in the model, the detected fluorescence at time, $t$, after the onset of a rectangular excitation pulse, $F(t)$, can be calculated by (eq 1 in the Methods section and eq S6) with $F(t)$ linearly dependent on the population probability of both these states. This also holds for the normalized, detected time-averaged fluorescence intensity, $\langle F_{\text{exc}}(w) \rangle_{\text{norm}}$ as well as for the TRAST curves, showing how $\langle F_{\text{exc}}(w) \rangle_{\text{norm}}$ varies with the duration, $w$, of the excitation pulse (eq 3). Fitting of the photophysical rate parameters could then be performed by simulating theoretical TRAST curves based on the photophysical model of Figure 3B and by comparing the simulated curves to the experimental data (see the Methods section for details). In the fits, we used a reported excitation cross section (at 497 nm) for $'NAO'$ of $\sigma_1 = 25.3 \times 10^{-17}$ cm$^2$ and its absorption spectrum to calculate the excitation cross section (at 488 nm) for $'NAO'$ of $\sigma_1 = 20.8 \times 10^{-17}$ cm$^2$ and then to calculate the singlet state excitation rate ($k_{d1} = \sigma \Phi_{\text{exc}}$) with the local photon flux calculated as $\Phi_{\text{exc}} = I_{\text{exc}} \lambda / (hc)$, where $hc/\lambda$ is the photon energy. The same excitation rate could also be assumed for $^2NAO'$, with the difference in excitation rates accounted for within $Q = (q_{'^3q} \sigma_{'^3q} / q_{'^3q} \sigma_{'^3q})$, representing the relative detected brightness of $^2NAO'$, compared to that of $'NAO'$ (see eq 1). In the fits, the following parameters were thus fitted: $k_{\text{exc}}, k_{\text{r1}}, k_{\text{r5}}, k_{\text{r5}}, k_{\text{b1}}$, and $Q$.

To evaluate the photophysical model (Figure 3B), we first fitted the experimental TRAST curves measured in the different emission bands and under different oxygen concentrations, excitation intensities, and pH (Figure 2). Several of the fitted parameter values obtained were then used and kept fixed in the fitting of the subsequent experimental TRAST curves. Further details of this fitting procedure are given in the Supporting Information, Section S12 and Figures S6, S7. Taken together, fitting the TRAST curves in Figure 2A--D confirms that the photophysical model of Figure 3B can adequately take the emission wavelength, excitation intensity,
Electrostatic and Buffer Effects. As suggested in the photophysical model (Figure 3A), formation of NAO doublet state radicals occurs via a charge-transfer complex $[\text{NAO}^* \cdot \text{OH}^+]$, preceded by the binding of hydroxyl ions to $\text{NAO}^*$. As our computational simulations show, this binding is promoted by electrostatic attraction between cationic NAO and anionic hydroxyl ions. By increasing salt concentrations, we could clearly observe the shielding of this electrostatic attraction in our TRAST measurements, as a markedly lowered formation of NAO doublet state radicals (Figure 4A). To fit the parameters to the curves, $k_{1+}$, $k_{2+}$, $k_{3+}$, and $Q$ were fixed to values as determined above (Supporting Information, Table S1), and $k_e$ was fitted individually to each of the curves. The fitted curves were well in agreement with the measured TRAST curves and with $k_e$ monotonously decreasing with increasing salt concentrations (Inset A1, Figure 4A). Next, we investigated the influence on the electronic state transitions of NAO from the charge of lipid head groups, located in the same vesicle membranes. SUVs with NAO were prepared, with POPG (negatively charged head group), POPC (zwitterionic head group), and POPC together with different molar fractions of DOTAP (positively charged head groups). The recorded TRAST curves from these vesicle samples displayed a significant increase in NAO doublet radical state formation with increasing amounts of positively charged lipid head groups in the membranes (Figure 4B). This is consistent with a stronger electrostatic attraction, and thereby a higher local concentration, of hydroxyl ions at the membranes, which promotes the $k_c$ rate. The same fitting approach as for the curves recorded under different salt concentrations ($k_{1+}$, $k_{2+}$, $k_{3+}$, $Q$) was then used for the corresponding equations of this model.
and Q fixed and $k_+$ fitted individually) yielded fitted curves well in agreement with the measured TRAST curves and $k_+$ rates, which significantly increased with higher amounts of positively charged lipid head groups in the membranes (Figure 4B with inset B1).

Given the prominent dependence of the doublet state formation on pH, we next investigated if also the local buffer conditions at the membranes could be reflected in the TRAST curves, as exploited in proton-exchange studies by FCS using pH-sensitive fluorophores and monitoring the exchange rate of protons to and from these fluorophores.22,23 More specifically, we investigated if local buffering effects can be observed via the hydroxyl ion-dependent transitions to and from the NAO doublet radical state. First, for POPC vesicles with NAO in different concentrations of HEPES buffer (pH fixed at 7.4), clear effects on the recorded TRAST curves could be observed (Figure 4C). Since the singlet—triplet state transitions are not expected to depend on the buffer concentration, we fixed $k_T$, $k_{isc}$, and Q in the parameter fitting to values as determined above, but let $k_+$ and $k_-$ be fitted individually to each of the curves. This generated fitted curves well in agreement with the experimental TRAST curves and with both $k_+$ and $k_-$ monotonously increased with increasing HEPES buffer concentrations (insets C1 and C2, Figure 4C). Similar effects were also found with different phosphate buffer concentrations added (Supporting Information, Figure S8). Next, we investigated the influence of buffering lipid head groups (POPA) at the membrane surface. In TRAST curves recorded from POPC vesicles with increasing molar fractions of POPA, a prominent effect was found, with a noticeably faster relaxation of the doublet state radical population (Figure 4D). The same fitting approach as for the bulk buffer measurements ($k_T$, $k_{isc}$, and Q fixed, $k_+$ and $k_-$ fitted individually) could well reproduce the experimental curves.

Figure 4. Experimental TRAST curves from SUVs labeled with NAO (DPBS buffer at pH 7.4, air atmosphere, measured at 11.7 kW/cm²), fitted globally using the photophysical model (Figure 3B), as described in the main text. (A) TRAST curves recorded from samples with different salt concentrations. Inset (A1): individually fitted $k_+$ rates. (B) TRAST curves recorded from SUVs with different lipid compositions. The individually fitted $k_+$ rates are shown in the inset (B1). (C) TRAST curves recorded from SUV samples with different HEPES buffer concentrations but with the same salt concentration (250 mM NaCl). Insets show the individually fitted rates $k_+$ (C1) and $k_-$ (C2). (D) TRAST curves recorded from SUVs with different molar fractions of POPA. Insets D1 and D2 show the fitted rates $k_+$ and $k_-$, respectively.
and as for bulk solution buffer, both $k_+$ and $k_-$ increased monotonously with higher molar fractions of POPA in the SUVs (insets D1 and D2, Figure 4D). Thus, like proton-exchange measurements with FCS, TRAST measurements on NAO, following the hydroxyl ion-dependent rates $k_+$ and $k_-$, allow monitoring of local buffering properties, either from a three-dimensional (3D) bulk buffer above the membrane or from a two-dimensional (2D) buffer at the membrane surface itself. It can be noticed that the increase in $k_+$ with increased buffer concentrations (in bulk or at the membrane) is more prominent than for $k_-$. One possible reason for this is that $k_+$ is more directly related to the local concentration and interaction with the hydroxyl ions. For the back-reaction from the doublet radical state ($k_-$) to occur, the radical must first react with a hydroxyl radical ion and form a complex, before a hydroxyl ion is released (Figure 3A).

**Vesicles with Cardiolipin (CL) and Live-Cell Measurements.** Given the strong binding of NAO to CL, as a basis for its use as a mitochondrial marker, we recorded TRAST curves of POPC vesicles with different amounts of two different CL lipids: (18:1)CL and (18:2)CL, differing only in the number of double bonds in the acyl chains. Figure 5A shows TRAST curves recorded from vesicles with different concentrations of (18:1)CL added. With increasing (18:1)CL concentrations, the doublet radical state population is lowered and its relaxation slowed down. No effect on the singlet − triplet state transitions is evident. Based on these observations, we applied a fitting approach with $k_T$, $k_{isc}$, and $Q$ fixed to their values as determined above (Supporting Information, Table S1) and with $k_+$ and $k_-$ fitted individually, which could well reproduce the experimental TRAST curves (Figure 5A, insets A1 and A2). The fitted $k_+$ rates decreased significantly with higher (18:1)CL concentrations. A slight decrease was also

![Figure 5](https://doi.org/10.1021/acs.jpcb.2c01271)

**Figure 5.** Experimental TRAST curves from vesicles with Cardiolipin (CL) and live-cell measurements (in DPBS buffer, pH 7.4, air atmosphere, $I_{exc}$: 11.7 kW/cm$^2$). TRAST curves were fitted globally using the photophysical model of Figure 3B, see the main text. (A) TRAST curves were recorded from vesicles with different molar fractions of (18:1)CL. Individually fitted $k_+$ and $k_-$ rates are shown in insets A1 and A2. (B) TRAST curves recorded from vesicles with different molar fractions of (18:2)CL, with the individually fitted $k_+$ and $k_-$ rates in insets B1 and B2. (C) Upper line: TRAST images of HEK293A cells, showing the $k_T$ and $k_-$ rates of added NAO. Lower line: Corresponding fluorescence intensity (left) and bright-field (right) images of the cells. (D) Corresponding images as in 6C, recorded from HEK293A cells incubated with 20 μM 16-doxyl. Scale bars: 5 μm.
obtained for the fitted $k_{\text{R}}$ rates. The prominent decrease in $k_{\text{R}}$ can likely be attributed to the negative charge of CL, which counteracts the binding of OH$^-$ to NAO and thus reduces the formation of $^3\text{[NAO}^*\text{OH}]$ complexes, which precedes the formation of NAO doublet radicals (Figure 3A). Interestingly, the effects seen on TRAST curves recorded from vesicles with (18:2)$\text{CL}$ (Figure 5B) were quite different from those with (18:1)$\text{CL}$. Here, we observed a reduction in the doublet radical state build-up for added (18:2)$\text{CL}$ concentrations up to 15 mol % but then a slight increase in the build-up when even higher concentrations were added. The same fitting approach as used for the curves in Figure 5A ($k_\text{T}$, $k_{\text{R}}$, and Q fixed to the values given in the Supporting Information, Table S1, and $k_{\text{ad}}$ and $k_{\text{rd}}$ fitted individually) could reproduce also these experimental TRAST curves (Figure 5B). Upon adding (18:2)$\text{CL}$, the fitted $k_{\text{T}}$ and $k_{\text{R}}$ rates first increased up to a distinct maximum at an (18:2)$\text{CL}$ concentration of 15 mol % and then decreased to the same levels as in the absence of (18:2)$\text{CL}$ (insets B1 and B2, Figure 5B). This observation likely reflects that a phase transition takes place at around 15 mol %, as has been found to occur differently for (18:1)$\text{CL}$ and (18:2)$\text{CL}$.

Finally, following TRAST measurements of NAO on vesicles in solution, we next set out to monitor the same transitions, in membranes of live cells. NAO was added to Hek293 cells, at concentrations of 250 nM, which were low enough not to show any indications of dimer formation (from the intensity ratio between the green and red emission channels). Dual-color imaging of NAO, together with the mitochondrial dye Mitotracker Red, showed strong co-localization of the dyes, indicating that NAO also at this concentration preferentially binds to CL and to the mitochondrial membranes of the cells (Figure S9).

First, TRAST curves were generated from the total fluorescence recorded from all cells in the images, acquired with different excitation pulse widths applied (Figure S10). These curves were very similar to the curves recorded from POPC vesicles with 15% (18:2)$\text{CL}$ (Figure 5B). The type of acyl chains present in CL varies between different species. Interestingly though, this resemblance is well in agreement with (18:2)$\text{CL}$ being the predominant CL in mammalian cells$^{10}$ and having a typical concentration of 15% in the mitochondrial membranes.$^1$ TRAST curves were then recorded from the cells, after incubation with different concentrations of 16-doxyl (0–75 μM) added (Supporting Information, Figure S10), and they showed the same effects on $k_{\text{T}}$ and $k_{\text{R}}$ upon addition of 16-doxyl as found in the vesicle measurements (Supporting Information, Figure S11A). TRAST images of the cells were then generated, as previously described,$^{30}$ in this case using a conversion table, directly relating the excitation irradiance and the measured decay and rise amplitudes (the dark and doublet radical state populations) to determine $k_{\text{T}}$ and $k_{\text{R}}$ (other parameters fixed, see the Methods section). Thereby, rate images of the cells could be readily computed (Figure 5C,D).

In Figure 5C, the $k_{\text{T}}$ rates imaged in the cells are similar to the values found in the measurements of POPC vesicles with 15% (18:2)$\text{CL}$ (Figure 5B). With 16-doxyl added into cells (Figure 5D), we also here found a significant decrease in the $k_{\text{T}}$ rates, and an increase in the $k_{\text{R}}$ rates, quite in agreement with the whole-cell (Figure 5A) and vesicle (Figure 5B) measurements. In the cellular images of the $k_{\text{T}}$ and $k_{\text{R}}$ rates (Figure 5C,D), some spatial variations in the rates can be noted, showing that the rates can be imaged in a spatially resolved manner and possibly reflecting different oxygenation and redox conditions close to the mitochondria.

# DISCUSSION

By TRAST measurements, supported by computational simulations, we show that the mitochondrial localization fluorophore NAO exhibits prominent singlet–triplet state transitions and can act as a light-induced Lewis acid forming a red-emissive doublet radical. In SUVs, we systematically studied how different microenvironmental conditions affected the blinking properties of NAO due to these transitions. With a simple photophysical model, and using global parameter fitting with a limited number of free parameters, we could reproduce the experimental TRAST curves in a robust manner. These studies show that the blinking properties of NAO can be monitored under biologically relevant conditions and that they are highly environment-sensitive, specifically reflecting local oxygen concentrations, redox conditions, membrane charge and lipid head group compositions, pH, and buffer capacity. These parameters are of large importance for oxidative phosphorylation, suggesting that NAO, by its fluorescence blinking properties, can be turned into a multifunctional sensing probe for inner mitochondrial membrane and bacterial membrane studies. We also show that the blinking properties can be imaged in live cells, in a spatially resolved manner, with the NAO dye reflecting the conditions on site, at the mitochondrial membranes. Since the blinking properties of NAO are sensitive to a large number of parameters, it may be difficult to analyze them separately in live cells and tissues, but relative changes can be followed providing useful metabolic and microenvironmental information. At the same time, the blinking properties of NAO offer independent and essentially orthogonal information to conventional fluorescence readouts, and the blinking properties can also be quite differently affected by the environment from one type of fluorophore to another. In this respect, the use of multiple fluorophore probes at different wavelengths, with different dependencies on membrane conditions, is likely an interesting strategy to add detail and specificity. At the NAO concentrations used in this study, no characteristic red (640 nm), excimer fluorescence of π-π-stacked NAO dimers was found, indicating that the concentrations of NAO were too low for NAO to bind both the two phosphate residues of CL in CL-containing membranes. This may reduce the specific affinity enhancement of NAO to CL, attributed to electrostatic interaction between adjacent NAO molecules bound to the same CL.$^{16}$ Thus, some binding to anionic phospholipids in general can also be expected. However, co-localization studies with another mitochondrial localization dye still clearly indicated that NAO preferentially binds to CL in the IMM. Moreover, any perturbations in the membranes caused by the high concentrations required for excimer formation will be minimized, and the TRAST measurements are also not limited to a relatively narrow concentration range of NAO in the membranes, as required for NAO readouts based on excimer fluorescence.$^{15}$ Interestingly, quite different TRAST curves were recorded from SUVs with (18:1)$\text{CL}$ compared to SUVs with (18:2)$\text{CL}$. This illustrates the important role of the CL acyl chain composition for the membrane properties, that the photophysical transitions observed in NAO are sensitive to these effects, and the ability of TRAST studies of NAO to reveal this phenomenon. TRAST measurements on NAO,
following the hydroxyl ion-dependent rates $k_+$ and $k_-$, allow monitoring of local buffering properties, either from a 3D bulk buffer above the membrane or from a 2D buffer at the membrane surface itself. These measurements do not, in contrast to proton-exchange studies by FCS, require single-molecule detection conditions and thus open for more broadly applicable local proton-exchange and buffering studies. Taken together, single–triplet and photoinduced electron-transfer transitions in NAO, monitored by TRAST, open new possibilities for fundamental membrane studies, in artificial vesicles as well as in live cells. Local environmental information on molecular dynamics and interactions can thereby be obtained and imaged, which is difficult, if possible at all, to obtain by other means. This is enabled, not by the development of new spectacular fluorophore reporters, but by taking advantage of the fluorescence blinking properties of an established location-specific fluorophore, rendering it multiparametric sensing properties.

ASSOCIATED CONTENT

Supporting Information
The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jpcb.2c01271.

Electronic state model for NAO (Section S1); spatial distribution of excitation rates, calculation of average rates (Section S2); preparation of lipid vesicles (Section S3); cell preparation (Section S4); setup for TRAST measurements (Section S5); TRAST data analysis (Section S6); TRAST images of cells (Section S7); fluorescence lifetime measurements (Section S8); spectroscopic measurements (Section S9); computational details for the fluorophore simulations (Section S10); computational simulations (Section S11); fitting of TRAST curves Figure 2A–D (Section S12); effects of spin labels and redox environment (Section S13), and Figures S1–S11 and Table S1, as referred to in the main text (PDF)

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Z.D. performed experiments; Z.D. and J.P. prepared samples; Z.D., J.P., J.T., and J.W. analyzed experimental data; G.B. and H.A.: computational simulations; J.W. and Z.D. wrote the paper; and J.W.: research design and supervision. All authors contributed with discussion and comments on the manuscript.

Notes
The authors declare no competing financial interest.

ACKNOWLEDGMENTS

This work was supported by funds from The Swedish Foundation for Strategic Research (SSF ITM17-0491, BENVAC RMX18-0041) and the Swedish Research Council (VR 2017-04057, VR OQS 2016-06122). G.B. acknowledges support from the Swedish Research Council (Starting Grant No. 2020-04600) and G.B. and H.A. from the Swedish National Infrastructure for Computing (SNIC 2021-3-22).

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