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Biomechanics of acute subdural hematoma in the elderly: A fluid-structure interaction study

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Abstract

Acute subdural hematoma (ASDH) due to bridging vein (BV) rupture is a frequent and lethal head injury, especially in the elderly. Brain atrophy has been hypothesized to be a primary pathogenesis associated with the increased risk of ASDH in the elderly. Though decades of biomechanical endeavours have been made to elucidate the potential mechanisms, a thorough explanation for this hypothesis appears lacking. Thus, a recently improved finite element head model, in which the brain-skull interface was modelled using a fluid-structure interaction (FSI) approach with special treatment of the cerebrospinal fluid as arbitrary Lagrangian-Eulerian fluid formulation, is used to partially address this understanding gap. Models with various degrees of atrophied brains and thereby different subarachnoid thicknesses are generated and subsequently exposed to experimentally determined loadings known to cause ASDH or not. The results show significant increases in the cortical relative motion and BV strain in the atrophied brain, which consequently exacerbates the ASDH risk in the elderly. Results of this study are suggested to be considered while developing age-adapted protecting strategies for the elderly in the future.

Keywords
Acute subdural hematoma, brain atrophy, bridging vein, brain-skull interface, finite element analysis
Introduction

Acute subdural hematoma (ASDH) induced by bridging vein (BV) rupture has been considered as a catastrophic head injury, especially in the elderly. Epidemiological studies have shown a much higher incidence rate of BV-sourced ASDH in the elderly compared to younger adults, along with elevated morbidity and mortality, and poorer treatment outcomes. Clinical studies suggest brain atrophy as a primary etiology contributing to the increased ASDH risk in elderly trauma patients. However, this hypothesis remains to be verified and associated mechanisms are yet to be better uncovered.

As numerical surrogates, finite element (FE) head models have been used to quantify the biomechanical influence of brain atrophy on ASDH. However, consistent findings have not been reached to date. In a study by Zou and colleagues, FE simulations were performed to investigate the effect of brain size on brain-skull relative motion, showing that, when decreasing the brain volume and thereby increasing the thickness of the cerebrospinal fluid (CSF) in the subdural space, the maximum brain-skull relative motion was reduced. Two subsequent studies by Yanoka and Dokko, shrunk the geometric features of the Global Human Body Models Consortium (GHBMC) brain model developed by Mao and coworkers to represent the elderly. Elongation of bridging veins (BVs) was chosen as the predictor for ASDH in both studies, showing that decreased brain volume resulted in larger maximum elongation of BVs in occipital and temporal impacts. Later, Antona-Makoshi and associates developed two FE rat models, representing young adult rat and its older counterpart. Both models were subjected to injurious levels of rotational accelerations. The results suggested that reduced brain volume produced higher relative motion damage measurement (RMDM), an ASDH risk indicator proposed by Takhounts and colleagues.

Previous numerical studies suggest that precise brain-skull interface modelling approach in the FE head model is essential for accurate ASDH prediction. Among the aforementioned FE models, the brain-skull interaction modeling approaches vary from representing the CSF as an incompressible material with low shear modulus to more complex contact algorithms including sliding-only contact and tied contact. Of all these approaches, the fluid properties of the CSF and the potential of impacted-induced CSF flow within the subarachnoid space are ignored since CSF is consistently modelled as
Lagrangian solid elements that the mesh follows exactly the material deformation. Moreover, given that the fluid material may endure considerable deformation, it is more appropriate to model the CSF as fluid elements, in which the mesh either is fixed in the space or moves according to a predefined directive, to better represent its fluid behaviour without causing severe element distortion and resultant numerical instability.\textsuperscript{11, 18, 20-24} To date, there are a few two-dimensional (2D) FE models\textsuperscript{25-28} and simplified spherical three-dimensional (3D) models\textsuperscript{29} that implemented fluid elements for the CSF. Recently, Zhou and colleagues\textsuperscript{30} improved the brain-skull interface in a 3D head model using a fluid-structure interaction (FSI) approach with special treatment of the CSF as arbitrary Lagrangian-Eulerian (ALE) multi-material fluid elements. This FSI approach contributed to an improved validation performance in respect of brain-skull relative motion and an enhanced ASDH predictability.

The aim of the present investigation is to advance the understanding of ASDH mechanism associated with brain atrophy in the elderly. To account for the fluid behaviour of the CSF and its mechanical interaction with the brain and skull, the model developed by Zhou and colleagues\textsuperscript{30} is used. Models with different brain sizes and various subarachnoid thicknesses are generated and subsequently subjected to experimentally measured loadings known to cause ASDH or not. By studying the relative motion between the brain cortex and the skull, and BV strains in models with varying severities of atrophy, the biomechanical mechanisms of the predisposition of the elderly to ASDH will be better addressed.

**Method**

**FE head model**

The FE head model employed here was originally developed by Kleiven\textsuperscript{23} and recently improved by Zhou and colleagues.\textsuperscript{30} The head model includes the scalp, the skull, the brain, the CSF, the superior sagittal sinus (SSS), the transverse sinus, the ventricles, the meninges, a simplified neck with extension of the spinal cord, and 11 pairs of parasagittal BVs (Figure 1). Details regarding the geometry discretization and mechanical properties of each anatomical structure are reported earlier.\textsuperscript{23,30} In particular, the 11 pairs of parasagittal BVs are constructed by connecting one node on the cerebral surface in the vertical region to a node on the SSS (Figure 1(b)). The length of each BV and the resultant
angles between the SSS and the BV elements are: Frontopolar—16.5 mm and 87°; Anterior Frontal—15.8 mm and 103°; Middle Frontal—9.7 mm and 69°; Posterior Frontal—13.7 mm and 64°; Precentral—18.2 mm and 46°; Vein of Trollard—18.4 mm and 47°; Central—14.9 mm and 61°; Postcentral—15.0 mm and 59°; Anterior Parietal—8.8 mm and 44°; Posterior Parietal—19.9 mm and 66°; Occipital—17.8 mm and 74°. Note the angles are measured from the SSS to the BV elements for these BVs on the left hemisphere and vice versa for these on the right hemisphere, though consistently along the counter-clockwise direction. Based on the experiments by Lee and Haut⁴¹ a uniform tensile stiffness of 1.9 N per unit strain is adopted to model BVs’ resistance.

**Brain-skull interface modelling**

A FSI approach is used to simulate the brain-skull interface. Based on the anatomical findings that the subdural space may not exist in physiological conditions,³² it is assumed that no relative motion occur between the dura mater and arachnoid mater. Thus, as detailed by Zhou and colleagues³⁰ the CSF elements in the subarachnoid space are updated as ALE multi-material fluid formulation. It is expected, except for flowing within the subarachnoid space, the CSF may also flow to the region that is initially occupied by the brain cortex due to brain deformation and the brain-skull relative motion secondary to exterior loading. To account for that, void meshes are generated at the peripheral region (Figure 2). The void meshes overlap with the brain cortex meshes and are not filled by the fluid material at the initial configuration.

The ALE multi-material formulation advances the solving in time by dividing the operation into two steps, wherein the material is initially deformed in a Lagrangian step, followed by an advection step with a remapping of the element variables. In the Lagrangian step, the CSF deformation is determined by the equation of state (EOS) for the dilational responses and the constitutive equations for the deviatoric responses with associated formulations and material constants listed in Table 1. In the advection step, the element state variables are remapped back to the reference domain with potential mass flux flowing within the mesh. Here, a second-order van Leer scheme is selected, given its superiority in terms of numerical stability and advection accuracy.
Since the dura mater tightly adheres to the skull inner surface, a tied contact is imposed between the dura mater and skull. For the interface between the CSF and pia mater, a penalty-based contact is defined, which permits sliding motion in the tangential direction as well as transfers tension and compression loads in the radial direction. Since skull fracture is out of the scope of the current study, the CSF can only flow within the compartment enveloped by dura mater. Thus, a no-slip condition is defined between CSF outer surface and dura mater, same as the approach adopted by Batterbee and colleagues.28

**Brain atrophy modelling**

In order to model brain atrophy during aging, three models with different brain sizes and CSF thicknesses in the subarachnoid spaces are created by scaling the brain independently while keeping the skull size constant (Figure 3), same as the approach used by Yanaoka and Dokko.12 Based on the relationship between the CSF thickness and atrophy severity,33 the model with a 1.6-mm CSF layer approximately represents a young adult, while the ones with 2.6-mm and 3.6-mm CSF layer represent a mild atrophied brain, and a severe atrophied brain, respectively. Of the three models, the brain masses are 1.457, 1.402, and 1.358 kg for the young adult, mild atrophy, and severe atrophy, respectively, which approximate the average brain weights from the autopsy report34 of the cohort aged 20 year-old (YO), 60 YO, and 75 YO, respectively.

[Figure 3]

**Loading conditions**

Since the age-related increase in BV-sourced ASDH occurrence in motor vehicle crashes is most prominent in the frontal crashes with anterior-posterior head motion,35 BV responses secondary to rotational loading in the sagittal plane is of particular interest. A study by Depreitere and associates36 experimentally determined the human tolerance level for BV-induced ASDH in the sagittal plane by delivering occipital impacts to the cadavers. Six representative impacts are selected here to excite the models with kinematic peaks and injury conditions listed in Table 2.36, 37 The experimental kinematics are applied to the nodes located at the centre of gravity of the head and constrained to the rigidly modelled
skull. Out of the six selected experiments, the only one resulting in BV rupture, secondary to a loading with peaks of 450 g for the translational acceleration and 26.2 krad/s² for the rotational acceleration, is exemplified in Figure 4.

Results

Cortical relative motion (i.e. relative motion between the cerebral surface and the skull) and maximum BV strain are used to evaluate ASDH risk. Such a strategy is previously used by Kleiven and Zhou and colleagues.

For case 21-2_2 with detected BV rupture, the maximum cortical relative motions over the entire cortical surface are noted at the posterior frontal and precentral regions for all the three models (Figure 5(a)). The maximum cortical relative motion shows an increase with atrophy severity (Figure 5 (b)). The maximum values are 7.6, 8.4, and 9.2 mm for the young adult, mild atrophy, and severe atrophy, respectively. The maximum BV strains are collected from the BV at anterior parietal regions for all the simulations. As shown in Figure 5 (c), the maximum BV strain is 0.31 for the young adult, while for its mild and severe atrophied counterparts, the maximum BV strains are 0.41, and 0.46, respectively. Of the two models representing mild and severe atrophy, the maximum BV strains fall within the ultimate BV strain range (0.5 ± 0.16) reported by Lee and Haut. The relatively larger BV strain peaks in the older models indicates the ASDH risk increases with atrophy severity.

To further check the influence of brain atrophy on the motion pattern of the superior brain surface, cortical relative motion peaks of four specific sites (Figure 6 (a)) for case 21-2_2 are plotted in Figure 6 (b). It can be noted that, for all the four sites, the cortical relative motion peaks increase with atrophy severity.
For the five cases without detected BV rupture, maximum cortical relative motion and maximum BV strain over the whole cortical surface are plotted in Figure 7. Consistently, the peak values increase with the atrophy severity. It can also be noted that the predicted BV strain peaks for all the five cases fall below the ultimate BV strain range (0.5 ± 0.16), agreeing with the experimental observation.

For the case 21-2_2 with detected BV rupture, the first principal Green-Lagrangian strain contour in the brain for both transverse and sagittal cross-sections at 17 ms shows similar distribution among the three models (Figure 8 (a)). No considerable discrepancy is found in peaking values within different sub-regions of the brain (Figure 8 (b)). Similar finding is also noted for the rest five cases without detected BV rupture that brain atrophy introduces inconsiderable variations to the strain peaks (Figure 9).

Discussion

The present study verifies the clinical hypothesis that brain atrophy aggravates the ASDH risk in the elderly. Based on the results of the numerical simulations, it is revealed that brain atrophy in the elderly leads to increased cortical relative motion and more severe BV stretching, consequently contributing to relatively higher ASDH risk in the elderly.

Given its superiority in terms of ASDH prediction, the FSI approach is adopted to simulate the brain-skull interface with special treatment of the CSF as ALE fluid elements. Thus, the dilatational behaviour of the CSF is exclusively determined by the EOS, while the deviatoric response is solely governed by the constitutive modelling. As a result, the resistance in the tangential direction at the brain-skull interface, arresting the brain-skull relative motion, consists of two parts, i.e. the shear stress in the CSF and the frictional force in proportion to the pressure at the brain cortex. As exemplified by the results of case 21-2_2, the shear stresses endured by the CSF are consistently minute (<15 Pa) (Figure 10 (a)). In contrast, the pressure magnitude at the brain surface exhibits notable decreases in the atrophied
brain, which is identified by smaller regions enduring large pressure in the atrophied cases (Figure 10 (b)). Thus, it indicates that the dose of the frictional force associated with the pressure at the brain cortex would be proportionally reduced as the brain atrophies. This finding provides a possible explanation to the elevated cortical relative motion and more severe BV strain observed in the atrophied brain.

The current prediction of increased cortical relative motion secondary to brain atrophy agrees with previous analytical and cadaveric experimental studies. Both Papasian and Frim38 and Morison39 represented the brain/skull system as analytical models with two spheres representing the brain and skull. The distance between spheres reflects the width of the subarachnoid space. The analytical models estimated increased relative motions between the spheres as the interspheric distance widened. Krauland and associates40 reported that the brain-skull relative motion increased with brain atrophy severity by imposing the superior halves of cadaveric heads to rotational loading in the horizontal plane. General consistencies with above studies further increase the credence of the current computational results.

Past FE studies attempted to elucidate ASDH mechanisms using other brain-skull interaction modelling approaches that did not representing fluid behavior for the CSF, and being limited to either the general cohort or a specific-aged cohort. When approximating the brain-skull interface as a layer of linear elastic solid elements with low shear modulus or tied contact, cortical relative motions usually less than 1 mm were predicted, engendering negligible strain values in the BVs.18, 19, 22 The minute BV strains seem to disapprove of their applicabilities to investigate cortical relative motion induced injuries, such as ASDH. Sliding-only contact permits sliding motion along the tangential direction and is capable of predicting larger peripheral relative motion. However, as reported by Zou and colleagues,11 the sliding-only contact estimated a significant decrease in cortical relative motion correlated with the brain shrinkage, which went against the clinical observations. Such a decrease indicates a potential fallibility to use sliding-only contact as brain-skull interface modelling approach while investigating the age-dependence of ASDH risk. As an alternative to the FSI-approach used in the current study, Couper and Albermani41 adopted Reynolds lubrication theory to represent the FSI scenario between
the brain and skull in a series of 2D FE models with varying CSF thicknesses. This study reported similar results to the current work in which larger skull-brain relative motion was observed as the volume of subarachnoid CSF increased. Such consistent findings between these FSI studies appear underscoring the importance of modelling the CSF as fluid element and its mechanical interaction with the brain and skull, especially while investigating the ASDH risk in different age groups.

Due to the limited topological information, only 11 pairs of largest parasagittal veins are incorporated in the models. However, the small BVs may be potential bleeding source responsible for the development of ASDH. In order to partially cover this deficiency, cortical relative motion is complementarily checked to assist the ASDH risk assessment, instead of exclusively checking the maximum strain in the BVs. Since the properties of the BVs are quite compliant, the ignorance of the small BVs would not markedly affect the brain movement relative to the skull as a whole. Therefore, the current BV modeling and ASDH risk assessment strategy is thought to be sufficient for the current study.

Comparatively, Yanoka and Dokko used BV elongation predicted by models with varying subarachnoid spaces to assess the ASDH risk. Due to the omission of the initial BV lengths before and after the brain shrinkage, solely checking the BV elongation cannot guarantee the resultant BV strain. Thus, the reliability of the ASDH risk assessment in these two studies could be questioned.

For the case with detected BV rupture, the site with maximum BV strain is predicted at the anterior parietal regions, in agreement with the experimental observation that BV ruptures occurred in the rolandic or postrolandic region. However, the maximum cortical relative motions are estimated at posterior frontal and precentral regions, anterior to the maximum BV site. The different locations between the maximum cortical relative motion site and maximum BV strain site are noted in all the cases. This incongruity could be explained by the anatomical variations among the BVs. Compared to its counterparts at the posterior frontal and precentral regions, BV at the anterior parietal region is shorter with its orientation more closely aligned with the loading direction. Further, clinical studies by Hirakawa and coworkers and Rosenbluth and colleagues commonly reported that the hematoma was susceptible to occur at the frontal and parietal regions, approximating with the computationally predicted sites with maximum cortical relative motion. Such
approximations between simulated results and clinical observation further underscore the superiority of collectively checking cortical relative motion and BV strain to evaluate ASDH risk.

The first-principal Green-Lagrangian strain has been used as an indicator for diffuse axonal injury (DAI). The results of current work showed that the first-principal Green-Lagrangian strain is relatively insensitive to brain atrophy, which keeps in accordance with the epidemiologic findings that the incidence rates of DAI did not exhibit any age-dependency. However, an animal study by Antona-Makoshi and associates reported that age had an effect on amount and distribution of DAI by comparing pathological observations of two aged rats after an injurious loading. This discrepancy might be explained that the rats involved in their animal experiments were narrowly aged from young to adult, instead of adopting rats covering the whole life-spanned age window. Moreover, extrapolation of the results derived from animal experiments to human subjects needs to be further justified. For the case with detected BV rupture, the maximum value of the first principal Green-Lagrangian strain is consistently observed at the inferior regions of the cerebral region, probably associated with the constrained effect by the basilar skull. Similar strain pattern is noted in Holbourn, in which deformation of the gel-simulated brain in a physical model was measured secondary to occipital impact.

In this study, the subdural space is assumed nonexistent, which further implies that no relative motion would occur between the dura mater and arachnoid mater. It is worth clarifying that the potential pre-strains in the BVs secondary to brain atrophy are not considered in the current study. To the best of our knowledge, such pre-strains have neither been certainly confirmed nor quantitatively measured. Though minimal variations in the initial lengths of the BVs indeed exist among the models as a result of enlarged subarachnoid space, the BV strains predicted by one model are calculated as the proportions of BV length variations with respect to its initial lengths measured from the same model. The mechanical role of the delicate structures in the subarachnoid space is not considered. Though the material properties of the pia-arachnoid complex of bovine have been tested in in-plane tension, normal traction, and in shear, it remains hard to use these mechanical information in a convincing way without the details of geometric
information of the subarachnoid structure. Concerning the high occurrence of the ASDH due to occipital impact, only posterior-anterior rotation is simulated in the current study. Investigations regarding other impact directions need to be performed in the future. Moreover, the current study exclusively investigates the influence of brain atrophy on ASDH risk. Though brain atrophy is a well-observed variation occurring to the brain while aging, it is possible that there may be other potential age-related factors, such as age influence on BV material properties which is poorly understood so far, contributing to the increased ASDH risk in the elderly as well. Future studies can be performed to uncover other predisposing factors.

Conclusions

This paper investigates the mechanisms of age-associated ASDH with essentially accounting for the fluid behaviour of the CSF and its mechanical interaction with the brain and skull. By comparing the cortical relative motion and maximum strain in the BVs predicted by FE models with different brain sizes and various subarachnoid spaces, it is revealed that brain atrophy leads to increased cortical relative motion and elevated BV strain. These concurrent increases better explain increased ASDH risk in the elderly.

Acknowledgements

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References


Table 1 Material constants for the CSF

<table>
<thead>
<tr>
<th>Equation of state</th>
<th>C</th>
<th>S₁</th>
<th>S₂</th>
<th>S₃</th>
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<tbody>
<tr>
<td></td>
<td>m/s</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

\[
P = \frac{ρ₀ C^2 μ \left[ 1 + \left( 1 - \frac{ν₀}{C^2} \right) μ - \frac{a}{2} μ^2 \right]}{1 - (S₁ - 1) μ - \frac{μ^2}{2} + \frac{S₃}{μ + 1} - \frac{μ^3}{(μ + 1)^2}}
\]

\[
μ = \frac{ν₀}{ν} - 1
\]

\[
\begin{align*}
\sigma^{v}_{ij} &= γ \dot{ε}^{v}_{ij} \\
&= 0.001
\end{align*}
\]

\( P \) is the pressure, \( C \) is the intercept of \( ν_s - ν_p \) curves with \( ν_s \) being the velocity of a shockwave travelling through the intermediary material and \( ν_p \) being the velocity of the shocked material; \( S₁, S₂, \) and \( S₃ \) are the coefficients of the slope of the \( ν_s - ν_p \) curves, \( γ₀ \) is the Gruneisen gamma, and \( a \) is the first order volume correction to \( γ₀ \); \( V₀ \) is the initial volume; \( V \) is the instantaneous volume; \( \sigma^{v}_{ij} \) is the deviatoric stress; \( γ \) is the dynamic viscosity; \( \dot{ε}^{v}_{ij} \) is the deviatoric strain rate.
Table 2 Experimental kinematics and bridging vein rupture conditions of 6 representative cases.

<table>
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<tr>
<th>Case</th>
<th>Peak rotational acceleration (rad/s^2)</th>
<th>Peak translation acceleration (g)</th>
<th>Pulse duration (ms)</th>
<th>Bridging vein rupture</th>
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<tr>
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<td>26262</td>
<td>450</td>
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<td>32-2_1</td>
<td>6244</td>
<td>233</td>
<td>11.9</td>
<td>No</td>
</tr>
</tbody>
</table>
Figure 1 FE model of the human head. (a) Isometric view of the head model with brain exposed. (b) Superior view of the brain model showing the 11 pairs of the BVs with the curved double arrow indicating the angle between the superior sagittal sinus and the BV at anterior frontal region on the left hemisphere.
Figure 2 Sagittal section of the head model (left) together with a magnified coronal section (right) showing the initial CSF-filled volume in yellow (ALE elements), initially unfilled volume in dark gray (ALE elements), and brain in light gray (Lagrangian elements). The ALE elements surrounding the brain on the left side are masked for a better illustration in the right figure.
Figure 3 Models with different CSF thicknesses to represent young adult (left), head with mild brain atrophy (middle), and head with severe brain atrophy (right). The CSF is coloured in yellow and brain in light gray. To better illustrate the increased CSF thickness during aging, part of the CSF is masked and a magnification of the region indicated by the black rectangular is provided for each model.
Figure 4. Head model loading condition for case 21-2 with detected BV rupture.

Rotational Acceleration (krad/s²)

Translational Acceleration (g)

Time (ms)
Figure 5 Result of cortical relative motions and BV strains for the young adult, mild atrophy, and severe atrophy for case 21-2_2 with detected BV rupture. (a) Cortical relative motion distribution using a colour-scale in the unit of mm at the maximum value occurring time. Fringe levels represent cortical relative motion. (b) Maximum value of the cortical relative motion. (c) Maximum BV strain plotted together with the BV ultimate strain from Lee and Haut.\textsuperscript{31} SD represents standard deviation.
Figure 6 Cortical relative motion peaks of four cortical sites for the young adult, mild atrophy and severe atrophy for case 21-2_2 with detected BV rupture. (a) Superior view of brain models with indication of four cortical sites named from 1 to 4. (b) Cortical relative motion peaks of the four cortical sites during the entire impact.
Figure 7 Results of maximum cortical relative motions and maximum BV strains for the young adult, mild atrophy, and severe atrophy, secondary to five experimental loadings known not causing bridging vein rupture. Maximum BV strains are plotted together with the BV ultimate strain from Lee and Haut. SD represents standard deviation.
Figure 8 Result of first principal Green-Lagrangian strain in the brain for the young adult, mild atrophy, and severe atrophy cases for case 21-2_2 with detected BV rupture. (a) First principal Green-Lagrangian strain distribution in transverse and sagittal cross-section at 17 ms. Fringe Levels represent first principal Green-Lagrangian strain. (b) Maximum first principal Green-Lagrangian strain of grey matter, white matter, corpus callosum, brainstem and hippocampus during the entire impact.
Figure 9 Maximum first principal Green-Lagrangean strain of grey matter, white matter, corpus callosum, brainstem and hippocampus for the young adult, mild atrophy, and severe atrophy secondary to five experimental loadings known not causing bridging vein rupture.
Figure 10 (a) Contour of shear stress in the CSF at their maximum value occurring time using a colour-scale in the unit of Pa for case 21-2_2 with detected BV rupture. Fringe levels represent shear stress. (b) Contour of pressure at the brain cortex at their maximum value occurring time using a colour-scale in the unit of Pa for case 21-2_2 with detected BV rupture. Fringe levels represent pressure.